First of all, I would to thank you for giving me the opportunity to take part of the Gilead/BHIVA Exchange Scholarship.

My stay in the UK has been absolutely wonderful. It is difficult to express with words the knowledge and all the great experiences that I’ve had in the two weeks that I have spent in the UK. It was a pleasure to experience British hospitality and kindness towards guests who share passion for medicine.

It was really interesting to share with your medical staff our views of modern medicine. It is always a challenging experience to discover and learn from different points of view when it comes to making decisions for the patients, deciding treatments and keeping track of follow-ups. It was really amazing to see how doctors work with different populations. Diversity is a value we need to strengthen in our societies.

I would also like to point out that it was really fulfilling to see how education and continuous training of doctors is valued in your hospital. I will definitely bring home new tools for my colleagues including how to deal with suspicious Ebola patients and handling PPE.

In a nutshell, this programme has been an invaluable experience that has surpassed my expectations and is a fundamental link to export new attitudes, knowledge and skills overseas.