



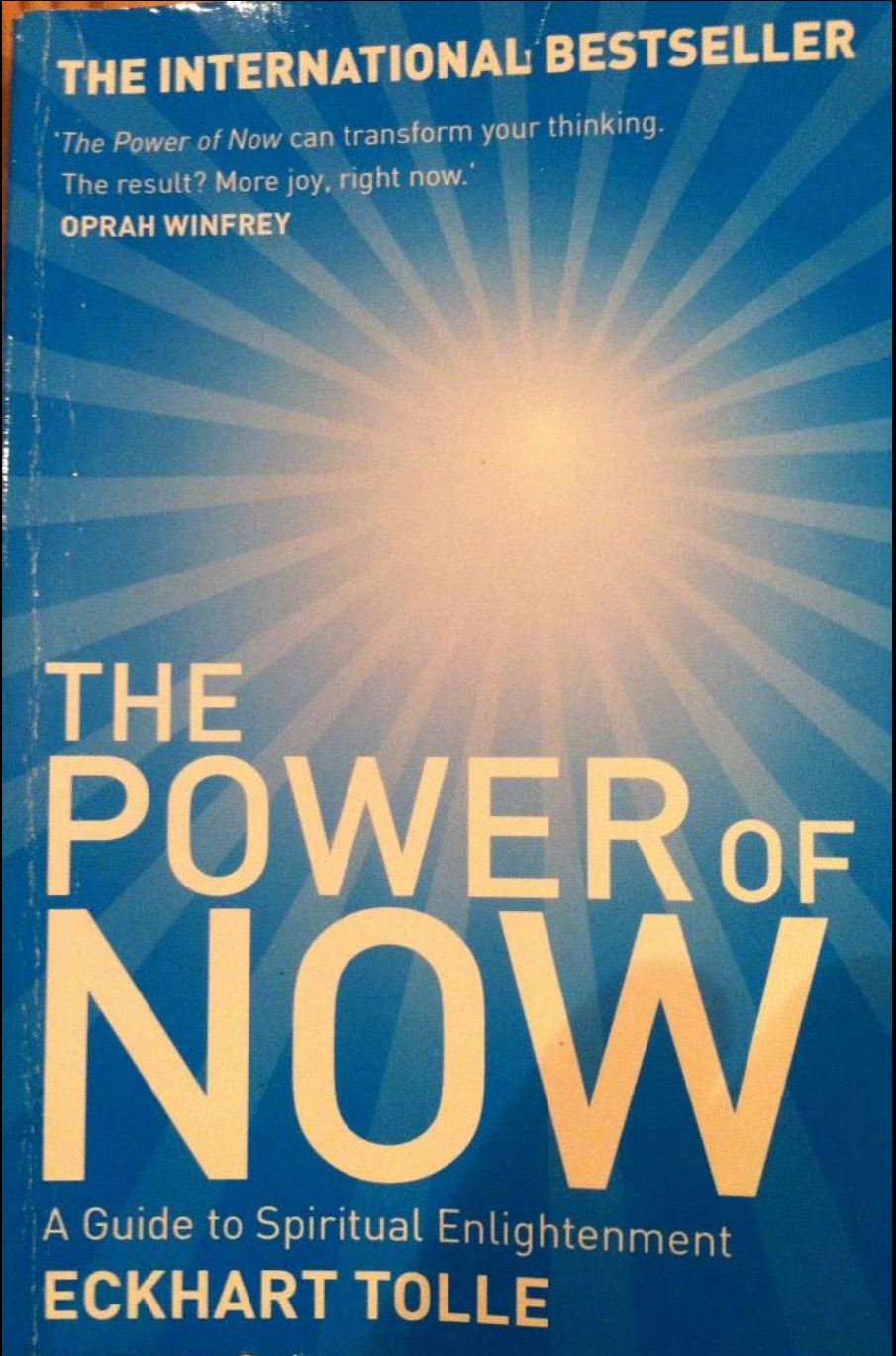


**THE INTERNATIONAL BESTSELLER**

*'The Power of Now can transform your thinking.*

*The result? More joy, right now.'*

**OPRAH WINFREY**



**THE  
POWER OF  
NOW**

A Guide to Spiritual Enlightenment

**ECKHART TOLLE**

COLM

How to  
Stop  
Worrying  
and  
Start  
Living

Dale  
Carnegie

By the internationally bestselling author of  
HOW TO WIN FRIENDS AND INFLUENCE PEOPLE

Female Clinic

**FEMALE CLINIC**  
GENITO-URINARY  
MEDICINE/SEXUAL HEALTH  
DEPARTMENT  
APPOINTMENTS REQUIRED  
FOR APPOINTMENT SERVICE  
TEL: 01823 228800





Actor and presenter visits hospital to highlight shocking Aids statistics

# Film focuses on rise in HIV cases

TV AND film star Stephen Fry paid a visit to the Countess of Chester Hospital to talk to staff and patients about tackling HIV and Aids.

The actor and presenter is following up last year's influential TV documentary about



**BATTLING HIV:** Stephen Fry met Dr Colm O'Mahony, a consultant in sexual health/HIV, and his daughter Louise at the Countess of Chester Hospital.

we look after about 115 patients in total, of whom an incredible 36 were diagnosed within the past two years.

'Many of these 115 patients are on anti-HIV drugs, which actually restore their immune system and bring them back to reasonable health, but it's all very complex and expensive. It is still a shocking diagnosis to have to give to somebody.

'It changes every aspect of their life. It still has enormous stigma attached to it so patients can't readily go to friends and relatives for support and sympathy.'

Dr O'Mahony said staff working

in the field were appalled at the continued increase in cases and the lack of awareness in the community about the risks involved in unprotected sex.

'The big risk factors for the Chester area are being gay or bisexual or having sex abroad or with people who have come from areas of high prevalence,' he said.

'Twenty-three of our patients are female and it's even more tragic for them as a pregnancy can then become a big anxious ordeal and, of course, with fatigue being part of the illness it is very difficult to look after young children and take care of oneself also.

'HIV is out there and it's here to stay.

Don't be stupid this summer and become another sad statistic attending the Countess of Chester Hospital Department of Sexual Health.'

depression with a programme about the impact of Aids.

He met Dr Colm O'Mahony, a consultant in sexual health and HIV at the Countess, who hopes Mr Fry's latest film will help reduce the stigma and create more awareness about these conditions.

Dr O'Mahony said: 'It is incredible that nationally there are still almost 8,000 new diagnoses of HIV in England every year.

'Here at the Countess of Chester,

## Come along and meet MP

CHESTER MP Christine Russell will continue her programme of drop-in surgeries on Saturday at Rowlands Heights from 10.30am-noon.

Appointments are not necessary and any constituents wishing to see Ms Russell are invited to come along to discuss their concerns.

Call on in  
new I.T  
line 2  
new I.T  
call son debrief  
productivity  
debrief on client m  
conference calls  
call daughter  
opping you







# What wart?

Anogenital warts:  
a pictorial guide to diagnosis and management

**MEDA**

making a difference to health

Prescribing information for Aldara™ (Imiquimod)  
Cream 5% can be found on page 27

Colm O'Mahony MD FRCP BSc DipVen  
Consultant in Genitourinary Medicine  
Countess of Chester Hospital, Chester

STEPHEN  
FRY



*'Brilliant' Sunday Times*

*'Hilarious' Literary Review*

*'Sublime' Cosmopolitan*

*The Liar*

THE No 1 BESTSELLER

To Bob —  
(insert full name here)

A marvel, a hero  
to many & a man  
just a little too prone  
to show you his genital

works —

me

James Foy



FTV32



a girl's guide to  
**21st century**  
**Sex**











**Dr. Colm O'Mahony**  
Consultant Physician





















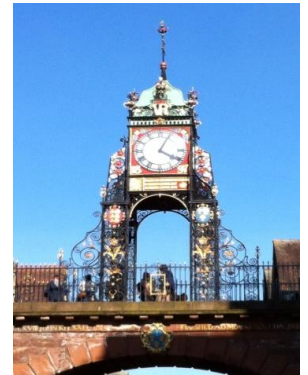
Accident & Emergency

BV56 LFR

PY07 FPD

**RITONAVIR Vs FLUTICASONE !!  
COMING TO A CLINIC NEAR YOU SOON!  
THIS (inter)ACTION PACKED STORY  
WILL BREAK YOUR HAART.  
MISS IT AT YOUR PERIL!!!**

Houston, R (HIV pharmacist) and O'Mahony C (Consultant)  
Countess of Chester NHS Foundation Trust. Chester.



# MEDICO LEGAL CASES

- POOR COMMUNICATION WITH GP
- PATIENTS DRUGS NEVER REALLY RECORDED PROPERLY
- MULTIPLE OTHER PROBLEMS CONFUSING THE ISSUE (KS)
- ABDOMINAL STRIAE RANG ALARM BELLS
- 1<sup>st</sup> case £175,000; 2<sup>ND</sup> case on-going

# Results - fluticasone

- 3 patients prescribed Seretide® inhalers (fluticasone plus salmeterol)
- At risk of increased steroid exposure
- Interaction highlighted to GP
- I phoned most at risk patient and plan put in place to gradually withdraw fluticasone and monitor cortisol
- But did he heed my advice? Do they ever?



# Countess of Chester Hospital

NHS Foundation Trust

The Countess of Chester Health Park  
Liverpool Road  
CHESTER CH2 1UL

## SEXUAL HEALTH CLINIC - Website: [www.countessofchesterhosp.nhs.uk](http://www.countessofchesterhosp.nhs.uk)

Appointments: (01244) 362091 / fax: (01244) 362095  
Dr Colin O'Neil (Consultant)  
Dr John Evans-Jones (Consultant)  
Linda Wilkinson (Lead Nurse / Sexual Health Clinic Manager)  
Health Advisers: (01244) 362095 / 362096  
Nurse/sex: (01244) 362092 / email: sexualhealthnurses@nhs.uk  
Secretary: (01244) 362097 / email: susan.morgan@nhs.uk

Clinic date:  
Date typed:  
Our Ref:

### PRIVATE & CONFIDENTIAL

\*Insert GP details or key 'Clinic Summary for Case Notes Only'

Dear

Re: DOB  
HOAP No.  
NHS No.

|                        |   |
|------------------------|---|
| Date agreed GP contact |   |
| HIV Diagnosis          | First positive - HIV infection diagnosed: |
|                        | LABT negative:                            |
|                        | Lowest ever CD4 count:                    |
|                        | Source of transmission:                   |

|                   |  |
|-------------------|--|
| Active Problems   |  |
| Previous Problems |  |

|                         |                     |      |                            |
|-------------------------|---------------------|------|----------------------------|
| Current Medication      | HIV Medication:     |      |                            |
|                         | Non-HIV Medication: |      |                            |
| Previous HIV Medication | Start               | Stop | Reason for discontinuation |
|                         |                     |      |                            |

| HIV PARAMETERS (last 3) |           |         |                        |             |
|-------------------------|-----------|---------|------------------------|-------------|
| Date                    | CD4 (abs) | CD4 (%) | Viral Load (copies/ml) | Weight (kg) |
|                         |           |         |                        |             |
|                         |           |         |                        |             |
|                         |           |         |                        |             |

|                 |  |
|-----------------|--|
| HLAB5701        |  |
| Resistance Test |  |

|                   |            |     |  |      |
|-------------------|------------|-----|--|------|
| HBV Status        | HepBsAg =  |     |  |      |
|                   | HepBcAb =  |     |  |      |
|                   | Anti-HBs = |     |  |      |
| HCV Status        |            |     |  |      |
| CMV               |            | EBV |  | TOXO |
| Syphilis Serology |            |     |  |      |
| CVS Risk Score    |            |     |  |      |
| Smoking Status    |            |     |  |      |
| Blood Pressure    |            |     |  |      |
| Urinalysis        |            |     |  |      |
| ***Women Only**   |            |     |  |      |
| Contraception     |            |     |  |      |
| Cervical Cytology |            |     |  |      |

| PLAN FOR NEXT APPOINTMENT |
|---------------------------|
|                           |

Yours sincerely

Name  
Title

Copy to patient: Yes  No

Many of the antiretroviral drugs have significant interactions with prescription and over-the-counter drugs, including statins, PPIs, inhalers or nasal sprays (especially fluticasone). Please record the above [summary](#) antiretroviral drugs in your IT system as 'non-HIV' records, to ensure that any potential drug interactions are flagged up in future. Drug interactions can be checked on <http://www.hiv-druginteractions.org> or alternatively please contact the Countess Drug Information for advice on 01244 365650/365651.



Many of the antiretroviral drugs have significant interactions with prescription and over-the-counter drugs, including statins, PPIs, inhalers or nasal sprays (especially Fluticasone). Please record the above current antiretroviral drugs on your IT system as 'non-issue' records, to ensure that any potential drug interactions are flagged up in future.

Drug interactions can be checked on <http://www.hiv-druginteractions.org> or alternatively please contact the

Countess Drug Information for advice on 01244

365680/365681



Man



ON



OFF

*Killer Logic 100-5001*

Woman



ON



OFF



