BHIVA General Medicine Course for HIV Physicians

Tuesday 13 October 2015

NCVO · London
Introduction

BHIVA has developed a one-day course for the HIV physician on the care of the HIV-infected patient in general medicine services. The course will focus on managing medical issues arising with HIV and general medicine topics in diagnosed patients for the HIV doctor.

The course is open to a limited number of delegates and contains eight interactive workshops. Registration has been limited primarily to BHIVA members who are of consultant, associate specialist or staff grade.

We are pleased to welcome you to the NCVO in central London which has all the necessary facilities to comfortably accommodate this important educational course.

We very much hope you will enjoy the course and find it of relevance to your educational needs when working in general medicine services.

Course Directors

Dr Ranjababu Kulasegaram  
St Thomas’ Hospital, London

Dr Mark Nelson  
Chelsea and Westminster Hospital, London

Dr Laura Waters  
Mortimer Market Centre, London

Professor Martin Fisher

The late Professor Martin Fisher, who passed away in April 2015, was the inspirational driving force behind the creation of this very successful and popular course.

He is sadly missed within BHIVA, the world of HIV research and beyond.
## Programme

### 0850–1520  Registration

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>0850</td>
<td>Registration open at the NCVO</td>
</tr>
<tr>
<td>0900</td>
<td>Welcome</td>
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</table>

#### Workshops 1 to 4

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Topic</th>
<th>Facilitators</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Liver</td>
<td>Dr Ashley Brown, Imperial College London</td>
</tr>
<tr>
<td>2</td>
<td>Chest</td>
<td>Dr Sarah Doffman, Royal Sussex County Hospital, Brighton</td>
</tr>
<tr>
<td>3</td>
<td>Cardiovascular</td>
<td>Dr James Coutts, St Thomas’ Hospital, London</td>
</tr>
<tr>
<td>4</td>
<td>Haematology</td>
<td>Dr Ian Gabriel, Chelsea and Westminster Hospital, London</td>
</tr>
</tbody>
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### 0935–1035  Workshops: 1 to 4

#### Workshops 5 to 8

<table>
<thead>
<tr>
<th>Workshop</th>
<th>Topic</th>
<th>Facilitators</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>Endocrinology</td>
<td>Professor Karim Meeran, Imperial College London</td>
</tr>
<tr>
<td>6</td>
<td>Central Nervous System</td>
<td>Dr Paul Holmes, St Thomas’ Hospital, London</td>
</tr>
<tr>
<td>7</td>
<td>Renal</td>
<td>Dr Jeremy Levy, Imperial College Healthcare NHS Trust, London</td>
</tr>
<tr>
<td>8</td>
<td>Sepsis</td>
<td>Dr Jim Buckley, London North West Healthcare NHS Trust</td>
</tr>
</tbody>
</table>

### 1055–1155  Workshops: 1 to 4

### 1200–1300  Workshops: 1 to 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1200</td>
<td>Lunch</td>
</tr>
</tbody>
</table>

### 1300–1340  Lunch

### 1315–1345  Lunchtime Workshop

<table>
<thead>
<tr>
<th>Topic</th>
<th>Facilitators</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radiology</td>
<td>Dr Nadeem Qazi, Charing Cross Hospital, London</td>
</tr>
<tr>
<td>Room 7</td>
<td>Dr Sanjay Bhagani, Royal Free Hospital, London</td>
</tr>
</tbody>
</table>

### 1345–1445  Workshops: 5 to 8

### 1450–1550  Workshops: 5 to 8

### 1550–1605  Afternoon tea

### 1605–1705  Workshops: 5 to 8

### 1720–1730  Summary

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1720</td>
<td>Summary</td>
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</tbody>
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**Welcome**

Dr Ranjababu Kulasegaram, St Thomas’ Hospital, London
Dr Laura Waters, Mortimer Market Centre, London
Course Information

Registration
Registration includes access to the plenary and workshop sessions and refreshments as outlined in the conference programme.

Delegate badges
Badges must be worn at all times to gain access to the lecture theatres, exhibition and catering area. At registration you will be handed two colour-coded badges (red, yellow, blue or green), which will determine the order you will attend the various workshops throughout the day.

Continuing Professional Development (CPD)
Medical staff in career grade posts who are enrolled with one of the Royal Medical Colleges for Continuing Professional Development will be entitled to receive CPD credits at the rate of one per course hour. This event has been allocated 6 CPD credits and the unique reference code is 98955. Please be advised that the attendance list for the course will be kept on file for reference by the Royal College of Physicians.

Venue
NCVO Society Building · 8 All Saints Street · London N1 9RL
Telephone: 020 7713 6161 · Website: www.ncvo-vol.org.uk

The NCVO can be easily accessed by public transport and is approximately 5–10 minutes’ walk from King’s Cross Station.

By London Underground
The nearest Underground station to the course venue is King’s Cross Station.

King’s Cross Station can be accessed via:
- Piccadilly Line
- Circle Line
- Victoria Line
- Hammersmith and City Line
- Northern Line
- Metropolitan Line

By National Rail

<table>
<thead>
<tr>
<th>London King’s Cross:</th>
<th>5–10 minutes’ walk</th>
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<tbody>
<tr>
<td>London Euston:</td>
<td>1 stop to King’s Cross</td>
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<tr>
<td>London Victoria:</td>
<td>4 stops to King’s Cross</td>
</tr>
<tr>
<td>London Liverpool Street:</td>
<td>4 stops to King’s Cross</td>
</tr>
<tr>
<td>London Waterloo:</td>
<td>8 stops to King’s Cross</td>
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By car
The course venue can be accessed by car. Please note that the venue is in the Congestion Charge zone. There are parking meters in the surrounding streets.
Biographies

Sanjay Bhagani is a Consultant Physician in Infectious Diseases and HIV Medicine at the Royal Free London NHS Foundation Trust. He has a special interest in the management of complex HIV infection, including difficult opportunistic infections and the management of viral hepatitis in HIV-infected patients.

Ashley Brown graduated from Liverpool Medical School. He undertook postgraduate training in hepatology in Newcastle-upon-Tyne where he was awarded an MD for research into the pharmacogenetics of alcohol metabolism. He worked as a consultant on liver units in Australia and the UK before taking up his current position at Imperial College Healthcare in 2002. He has a major clinical interest in viral hepatitis and is currently conducting a number of studies into novel therapies for HBV and HCV.

Jim Buckley graduated from University College London Medical School in 1998, and gained a CCT in Infectious Diseases, Intensive Care Medicine and General Medicine in 2011. His PhD was in sepsis and septic shock. Jim currently works on a busy, general Intensive Care Unit at Northwick Park Hospital, with a large cohort of general ID, TB and HIV patients. He has spent the majority of the last four years working as a Consultant in Infectious Diseases on a busy ID unit. He is the Clinical Lead for the hospital’s Sepsis Strategy.

James Coutts trained at Oxford University Medical School, with medical qualification in 1989. He became a member of the Royal College of Physicians by examination in 1992, and subsequently a fellow in 2006. After training in general medicine he undertook three years’ training in intensive care, before specialising in cardiology. He was appointed Consultant Cardiologist at Guy’s and St Thomas’ Hospitals in 2002. James has a specialist interest in coronary intervention (angiography and angioplasty for ischaemic heart disease), in addition to working in general cardiology and general medicine.

Andrew de Burgh Thomas read Biochemistry at Imperial College, London, before qualifying in Medicine at the Royal Free Hospital, London. His first appointment treating HIV infection was at the Oxford Haemophilia Centre in 1995, followed by an appointment at the Oxford’s Infectious Disease Unit. In 1998 he took a joint position at St Thomas’ HIV Unit and St John’s Institute of Dermatology, London, choosing HIV/GUM as his specialty; and was appointed Medical Registrars at Guy’s and St Thomas’ Hospitals in 2005. Andrew spent nearly 2 years at the HIV Unit in Brighton and took up his present Consultant post in Gloucestershire in 2004. Soon after his arrival he was offered and accepted HIV clinical work at Bristol Southmead where he has worked for almost 10 years and remains on their HIV on-call rota.

Sarah Doffman is a Consultant Respiratory Physician and Clinical Director for Specialist Medicine at Brighton and Sussex University Hospital. Having trained in London, she carried out research into the early diagnosis of invasive fungal pneumonia at St Bartholomew’s and Queen Mary, University of London and worked at the Royal Free Hospital, University College Hospital and Barts and the London Hospitals. Sarah’s specialist interests include lung cancer, tuberculosis and respiratory disease in the immune-compromised host (HIV infection/post-chemotherapy or transplant).

Ian Gabriel holds a joint Consultant post at both Chelsea and Westminster and Imperial College NHS healthcare trusts. He trained at St Mary’s Hospital Paddington and completed his haematology training in London. In 2008 he was awarded the Frank Cass Scholarship to pursue research into the role of killer immunoglobulin receptors in post-transplant tumour eradication and haematopoietic reconstitution, and graft versus host reactions, in the laboratory of Professor K Rezvani. His main interest is in haematology and stem cell transplantation. Ian is a member of both the acute leukaemia and lymphoma working parties of the European Blood and Marrow Transplant Group (EBMT) and a founder member of the European Consortium for Stem Cell Mobilisation (ECOSM). His areas of particular interest are transplantation for cutaneous T-cell lymphomas, late effects of transplant and post-transplant immunology. Ian has a strong interest in the haematological complications of HIV infection and was part of the EBMT group which demonstrated efficacy and safety of autologous stem cell transplant in HIV-positive patients with relapsed lymphoma. He runs a newly created HIV-haematology joint clinic at Chelsea and Westminster.
Biographies

Yvonne Gilleece is a Consultant and Honorary Senior Lecturer in HIV/GUM and Joint Principal Lead Consultant at Brighton & Sussex University Hospitals NHS Trust and is also the Chair of Sussex HIV Network. She is the Lead for HIV in Pregnancy, Conception and Reproductive Health, Hepatitis and Liver Dysfunction as well as being clinical supervisor for a PhD on HIV and Bone. Yvonne is Vice Chair for the BHIVA guidelines on HIV in pregnancy and an author of the guidelines for Adult treatment and HIV-2. She is a member of the BHIVA Audit Committee, BASHH HIV SIG, HIV CRG for Kent, Surry and Sussex and teaches for the Diplomas in GUM and HIV and the BHIVA HIV Inpatient Course.

Paul Holmes is a Consultant Neurologist at Guy’s and St Thomas’ Hospital and an Honorary Senior Lecturer at King’s College London. His main work is providing an acute liaison neurology service during which time he has developed an interest in the neurology of HIV infection, intensive care neurology and stroke. Rachael Jones is a Consultant in HIV and Sexual Health at the Chelsea and Westminster Hospital, London. Her major interests are the medical complications of HIV, and she runs a combined HIV/renal service with a consultant nephrologist. She has been involved in writing local and national guidelines on HIV and sexual health.

Margaret Kingston has been a Consultant Physician in Genitourinary Medicine at Manchester Royal Infirmary since 2003. Her centre has expanded rapidly during this time and now offers HIV outpatient care to approximately 1,800 patients, HIV inpatient care and also a range of HIV specialist clinics as well as providing a busy GUM service. Margaret has been Training Programme Director for the North West GU Medicine rotation since 2010 and is also Associate Director of Medical Education at Central Manchester Foundation Trust. She has chaired the writing committee for the BASHH national guidelines for the Management of syphilis in 2008 and 2015 and has been a member of the BASHH Clinical Effectiveness Group since 2010.

Ranjababu Kulasegaram (Babu) is a Consultant in HIV/GU Medicine at St Thomas’ Hospital and leads the HIV Treatment Advice Clinic, with special interests in HIV/hepatitis, haemophilia/HIV infection, HIV/neurocognitive function and HIV inpatient management. Babu is committed to enhancing BHIVA’s educational activities through his involvement as a course director for the BHIVA General Medicine Course, his contributions as one of the leads for the Diploma in HIV Medicine Revision Course, and as a current member of the BHIVA Hepatitis Society and EHHC Programming Committee. Babu is an examiner for the Diploma in HIV Medicine, immediate past Chair of the BHIVA Hepatitis Society and also served as Vice Chair of the BHIVA Education and Scientific Subcommittee.

Jeremy Levy is a Consultant Nephrologist at Imperial College Healthcare NHS Trust and Chelsea and Westminster Hospital, Adjunct Professor of Medicine for Imperial College London, and Clinical Lead for Health Education NW London. He trained in Cambridge, London and Oxford. Jeremy has major clinical and research interests in immune-mediated renal disease (vasculitis, SLE and other glomerulonephritides), HIV and kidney disease and chronic kidney disease, and has written textbooks on dialysis and nephrology.

Karim Meeran did his undergraduate and postgraduate training in London, and then proceeded to an academic career at Imperial College. He is a Fellow both of the Royal College of Physicians and the Royal College of Pathologists. He has become the Training Programme Director for Metabolic Medicine and Endocrinology in London and is on the Educational Committee for the European Society of Endocrinology. He has over 100 peer-reviewed articles and has published on Cushing’s syndrome, pituitary diseases, and the gut hormone control of food intake and appetite. He runs a successful Endocrinology and Advanced Diabetes training course and is responsible for the training of specialists in endocrinology in London.
Biographies

**Mark Nelson** is a Consultant Physician at the Chelsea and Westminster Hospital, London. Dr Nelson trained at Jesus College, Cambridge and Westminster Hospital Medical School from where he qualified in 1986. He was appointed Consultant Physician at this hospital in 1991 where he is presently the Lead for HIV Inpatient and Day Case Care and is a Reader at Imperial College Medical School where he is also the Deputy Senior Tutor. Since that time he has built a large HIV practice with a special interest in HIV inpatient care, co-infection with hepatitis B and C and the clinical utility of new antiretroviral agents. He has published over 500 papers on HIV and hepatitis. Dr Nelson sits on the Executive Committee of the British HIV Association where he is co-chair of the writing groups for opportunistic infections and for hepatitis C. He is a member of the writing groups for malignancy and for HIV transmission. He was Chair of the BHIVA Hepatitis Society and is a past Chair of the BHIVA Education and Scientific Subcommittee. He is a trustee of several charities associated with HIV including the International Association of Physicians in AIDS care (IAPAC). He is now devoting most of his charitable time to GREENSHOOTS where he is establishing HIV treatment networks in Burma and Vietnam. He has been awarded a visiting professorship at the Aga Khan Hospital, Nairobi, Kenya and most recently the Certificate of Merit by the government of Vietnam.

**Michael Rayment** is a Consultant in Sexual Health and HIV Medicine at Chelsea and Westminster Hospital NHS Foundation Trust, and an Honorary Senior Clinical Lecturer at Imperial College London. He has a career-long research interest in HIV testing, investigating the effectiveness and sustainability of testing strategies to reduce undiagnosed HIV infection.

**Melinda Tenant-Flowers** is a Consultant in HIV/Sexual Health at King’s College Hospital, London. Her research interests include HIV oncology and HIV testing. She is a contributor to the 2013 BHIVA Malignancy guidelines, the 2015 BHIVA Monitoring guidelines, is lead for BHIVA E-Learning CPD, is a member of the BHIVA Education/Scientific and Conferences Subcommittees and is an examiner for the Diploma in HIV Medicine.

**Andrew Ustianowski** is a Consultant in Infectious Diseases at the North Western Regional Infectious Diseases Unit, Manchester, which has a cohort of over 2,000 HIV-positive patients. He has been part of guideline writing committees for BHIVA and other bodies, and has lectured nationally and internationally on HIV and related topics. His main clinical interests are in HIV, viral hepatitis and tropical medicine.

**John Walsh** has worked at St Mary’s Hospital and Imperial College Healthcare NHS Trust as a Consultant in HIV and Sexual Health since 2001. He is a member of the BHIVA Treatment Guidelines Writing Group and is an examiner for the Diploma in HIV.

**Laura Waters** is a GU/HIV Consultant at the Mortimer Market Centre, London, working predominantly with HIV and hepatitis outpatients; she is Hepatitis Lead and HIV Inpatient Lead. Prior to her current appointment in 2012 Laura worked in clinical trials at Chelsea & Westminster and Brighton, completing an MD on the antiretroviral simplification and switch. She has published and presented widely on topics including drug toxicity and contraception for HIV-positive women, is Vice Chair of the BHIVA ART Guidelines Subcommittee and Chair of the BASHH HIV SIG.
ANNOUNCEMENT

BHIVA AUTUMN CONFERENCE
12–13 November 2015 · QEII Centre · London

KEY CONFERENCE TOPICS AND SPEAKERS

- HIV and ageing: review of the evidence
  Professor Brian Gazzard CBE, Chelsea and Westminster Hospital, London
- BHIVA guidelines session
- BHIVA audit session: monitoring audit – preliminary results
  Dr Aoife Molloy, Royal Free London NHS Foundation Trust
- Clinico-pathological case presentations
  Testing and prevention: ‘HIV prevention – what is happening in the UK and what is working?’ Testing strategies
  Dr Anthony Nardone, Public Health England, London
  Dr Michael Rayment, Chelsea and Westminster Hospital, London
- Testing and prevention: implementing PrEP within a sexual health clinic
  Dr Andy Williams, Barts Health NHS Trust, London
- START study
  Professor Abdel Babiker, MRC Clinical Trials Unit at UCL, London
- Stigma index UK
  Mr Alastair Hudson, Family Planning Association (FPA)
- The importance of peer support in HIV care
  How should we train HIV specialists from 2016?
  Dr David Asboe, Chelsea and Westminster Hospital, London
  Ms Eileen Nixon, Brighton and Sussex University Hospitals NHS Trust

Gazzard Lectureship in HIV Medicine: the genetics of HIV and humans
Professor Paul Kellam, Wellcome Trust Sanger Institute, Cambridge

HRT: managing HIV through the menopause
Dr Shema Tariq, Mortimer Market Centre, London

Smoking cessation
Dr Louise Restrick, Whittington Hospital, London

Osteoporosis
Dr Karen Walker-Bone, Brighton and Sussex Medical School

BHIVA lunchtime workshop: treatment failure
Dr Iain Reeves, Homerton University Hospital NHS Foundation Trust, London
Dr John Evans-Jones, Countess of Chester Hospital NHS Foundation Trust

New drugs and novel strategies
Professor Roy Gulick, Weill Cornell Medical College, New York, USA

Hepatitis C for the HIV doctor: drugs and drug resistance
Dr Chloe Orkin, Barts Health NHS Trust, London

BHIVA interactive clinical and ethical conundrums: ethics of disclosure – the impact of being undetectable

Registration will open shortly at www.bhiva.org

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ANNOUNCEMENT

EUROPEAN HIV HEPATITIS CO-INFECTION (EHHC) CONFERENCE
10–11 December 2015 · QEII Centre · London

KEY CONFERENCE TOPICS AND SPEAKERS

- State of the art in hepatitis C treatment
  Graham Foster, Queen Mary University of London, UK
- Data from real-life cohorts
- Should we be doing baseline resistance testing?
  Jean-Michel Pawlotsky, Hôpital Henri, Mondor, Créteil, France
- Hepatitis C treatment failure: what next?
  Ashley Brown, Imperial College Healthcare NHS Trust, London
- Pharmacoeconomics of hepatitis C treatment
  Andrew Hill, University of Liverpool, UK
- Clinical case presentations session
- Hepatitis B: new treatments, new targets and possible cure
  Fabien Zoulim, Hospices Civils de Lyon, France
- What happens to the liver after cure?
  Vincent Mallet, Université Paris Descartes, France
- Hepatitis E: epidemiology, transmission and treatment
  Antonio Rivera-Juárez, Instituto Maimíndes de Investigación Biomédica de Córdoba, Spain
- Hepatitis E: diagnosis
  Harry Dalton, Royal Cornwall Hospital, Truro, UK
- Counselling, psychology and behaviour/lifestyle changes
  David Stuart, Chelsea and Westminster Hospital NHS Foundation Trust, London
- Recent data in treatment of acute hepatitis C
  Christoph Boesecke, MRC Clinical Trials Unit at UCL, London
- Stigma index UK
  Mr Alastair Hudson, Family Planning Association (FPA)
- The importance of peer support in HIV care
  How should we train HIV specialists from 2016?
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