What does HIV positive mean in an age of virus indetectability

The Black and Minority Ethnic Communities' perspective
Stigma around HIV in BME

- HIV is a virus you live with all your life
- You get HIV virus from a person infected
- HIV treatment is for life
What is being undetectable

- Be careful because you are still HIV positive
- HIV is not eradicated from your body
- Be positive and keep taking your medication
- The medication will help you to maintain your undectability
HIV indetectability in African communities

- It is a good news- but can only be shared between people living with HIV
- You cannot be open about it as you are still HIV positive
Can we Celebrate being undetectable?

- Yes of course
- Being undetectable is a private celebration
What is next?

- Can we reduce stigma around HIV by educating the communities around HIV treatment & undetectability?

Thank you