



# What does HIV positive mean in an age of virus indectability

The Black and Minority Ethnic Communities' perspective

# Stigma around HIV in BME

- HIV is a virus you live with all your life
- You get HIV virus from a person infected
- HIV treatment is for life

# What is being undetectable

- Be careful because you are still HIV positive
- HIV is not eradicated from your body
- Be positive and keep taking your medication
- The medication will help you to maintain your undetectability

# HIV indectability in African communities

- It is a good news- but can only be shared between people living with HIV
- You cannot be open about it as you are still HIV positive

# Can we Celebrate being undetectable?

- Yes of course
- Being undetectable is a private celebration

# What is next?

- Can we reduce stigma around HIV by educating the communities around HIV treatment & undetectability?

Thank you