

An innovative, patient centered approach to delivery of long-acting injectable antiretroviral therapy to people living with HIV using pre-existing outpatient parenteral antimicrobial therapy (OPAT) services

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Moving Out

Delivering Injectable ARVs through OPAT

Dr Bazga Ali
(ID & Micro)

What is OPAT?

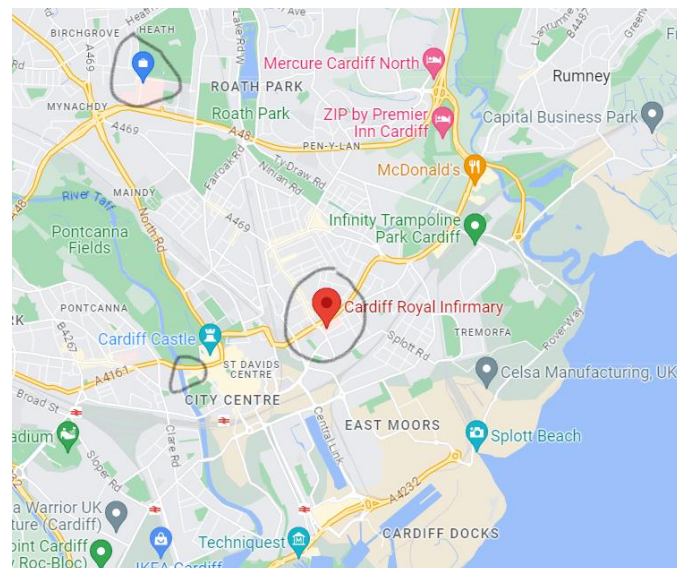
- Outpatient Parenteral Antibiotics
- A system of care that facilitates early hospital discharge or prevents admission (1974)
 - Safe
 - Cost Saving
 - Improves QOL
 - Antimicrobial Stewardship
- 102 UK Clinics



Cardiff & Vale

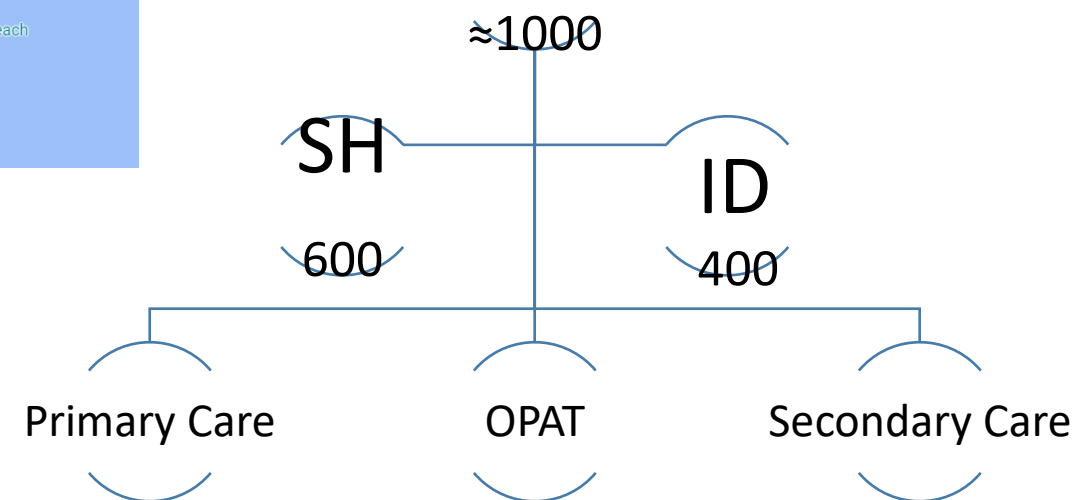
OPAT

- City Centre Site
- 365 Days of the Year
- 8 Chair/ Couches
- Home Therapy



HIV

HIV Care



Injectable HIV therapy in Cardiff

- 100% retention & 100% Suppressed V/L
- 11 patients responded to a patient satisfaction survey and 100% of them either agreed or strongly agreed they were happy with OPAT delivering LA CAB/RPV

The BIGGER Impact

“I feel less stigmatised for having HIV each day.”

“I now have increased confidence with this patient cohort. It’s so lovely to hear people say we have “literally changed their life”. What an achievement – it doesn’t get better than that in nursing.”

BHIVA Guidance
supporting Cab/ RPV

Feb 2022

March 2022

HIV MDT; propose OPAT model for delivering injectables

March 2022

Training for OPAT nurses

20/05/2022

1st Dose of CAB/ RPV administered

23 people signed up to injectables