Opportunities to improve opt-out bloodborne virus screening in two large London Emergency Departments

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# Opportunities to improve opt-out blood borne virus screening in two large London emergency departments

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In relation to this presentation, I declare that I have no conflict of interest

- Early diagnosis of BBV enables access to life-saving treatments and holistic care
- ED excellently placed to undertake screening accessible for socially excluded populations
- Royal Free and Barnet Hospital EDs introduced opt-out BBV screening April 2022 (NHSEI)

#### Barriers to screening include stigma, misconceptions about risk, and ED staff time and workload

Effective screening programmes must meet needs of higher-risk demographic groups

#### **Evaluation of screening uptake from April to July 2022**

- Impact of age, sex, ethnicity, attendance time and admission status
- Semi-structured interviews with 20 ED staff to better understand experience of screening
- > Aimed to identify screening barriers and identify strategies for improvement



- > 33,388 opportunities for screening 53.65% and 63.87% screened at each hospital
- ➢ Royal Free: people aged ≥80 years less likely to receive screening (OR: 0.868; 0.951-0.792)
- Patient and staff perceptions of low risk?
- "The elderly always say no...90 year olds think 'what's the point?" ED nurse
- Barnet: women less likely to receive screening (OR 0.80, 95%CI 0.75-0.85)
- Patient and staff perception of low risk?
- Royal Free: people of black ethnicity less likely to receive screening (OR 0.86, 95%CI 0.77-0.96)
- Social, personal and cultural barriers; stigma is a key barrier
- > Staff were confident in initial discussion, but not further discussion in patients who decline
- "If they say no, I don't want to push it" ED assistant
- Staff felt more able to signpost patients to written resources such as virtual leaflet

Time pressures are a key barrier to screening uptake and discussion of screening

- Attendees between 5pm-11pm were less likely to receive screening (Royal Free: OR 0.49, 95%CI 0.46-0.53; Barnet: 0.47, 95%CI 0.44-0.50)
- Challenges in drawing blood is a barrier to screening
- "To be honest, the red top is the least prioritised" ED assistant
- Time pressures limit discussion of screening
- "We don't really have time to tell them, it's too busy" ED assistant
- "It's like fire-fighting out there" ED doctor

#### Screening was acceptable to patients and staff, with good uptake

- Demographic variations represent important areas for further improvement
- > Interventions to equip staff with time and confidence to discuss screening may improve uptake

