Eligibility for long acting cabotegravir/ rilpivirine in youth aged 12-25 living with perinatallyacquired HIV

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2023 Spring Conference

Mon 24th – Wed 26th April Gateshead, UK



Eligibility for long acting Cabotegravir/Rilpivirine in youth aged 12-25 living with Perinatally-acquired HIV

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Conflict of Interest

In relation to this presentation, I declare that I have no conflict of interest





Background

Long acting cabotegravir/rilpivirine (LA-CAB/RPV) is a licensed recommended switch option for adults (18+years) living with HIV on suppressive antiretroviral therapy as per the British HIV Association.

As long-acting injectable therapy, it is appealing for patients who find oral daily medication challenging, including some youth living with perinatally acquired HIV (YLWPaHIV).

This review aimed to identify YLWPaHIV potentially eligible for LA-CAB/RPV and describe reasons for ineligibility as compared to the BHIVA Feb 2022 interim guidedance.





BHIVA guidance on long-acting cabotegravir/rilpivirine (LA-CAB/RPV) for antiretroviral therapy. Feb 2022

Summary of key recommendations for the use of LA-CAB/RPV We recommend that LA-CAB/RPV can be used in people who:

- 1. Have a significant need for injectable antiretroviral therapy (ART) and
- 2. Have been virally suppressed to less than 50 copies/ml for at least 6 months and
- 3. Have no known or suspected non-nucleoside reverse transcriptase inhibitor (NNRTI) or integrase inhibitor (INSTI) resistance and
- 4. Have no history of virological failure or unplanned treatment interruption on NNRTI- or INSTI-containing ART and
- 5. Have no history of INSTI monotherapy and
- 6. Can tolerate and commit to 2-monthly attendance for injections and
- 7. Accept the risk of virological failure despite complete adherence (approximately 1 in 70 at year 1 and 1 in 60 at year 2) and
- 8. Have a BMI <30 and non-A1/6 subtype if baseline resistance is unavailable and
- 8. Do not need a tenofovir-containing regimen for the treatment or prevention of hepatitis B



Youth HIV Service 2006-22







39

2006
Perinatal HIV
age 16-25
years

2010 Peer support funded

Life long PaHIV follow up

2016

2018 Adolescent CNS

Adult: Dr, CNS, Psychology, Dietician, Pharmacist Peer support worker, CHIVA support worker Adolescent: Dr, CNS





Youth service approach to adherence

Non-judgmental MDT Adherence Support

Clinical Nurse specialist, Psychology, Peer counsellor, Dietician, Pharmacist, Social Services, Community Motivational Interviewing communication style Walk in access to Youth Friendly Service Transport costs supported

ART

Resistance, Simplification,
Virtual Clinic Referral
High genetic barrier regimen
Pill size/number/formulation,
Pill Glide
SMS support, Hypnosis,
Community DOT
Financial Incentives,
Food chain

Gastrostomy

LA-ART





Method

All YLWPaHIV aged 12-25 years old by 1st January 2023 attending transition services in a London centre were deemed eligible.

Data collected from electronic case records and anonymised in excel included: BMI, viral load, CD4 count, ART and history including adherence, hepatitis B coinfection and HIV subtype.

Virological failure on integrase inhibitors (INSTI) or Non-nucleoside reverse transcriptase inhibitors (NNRTI) and cumulative resistance mutations were also recorded.





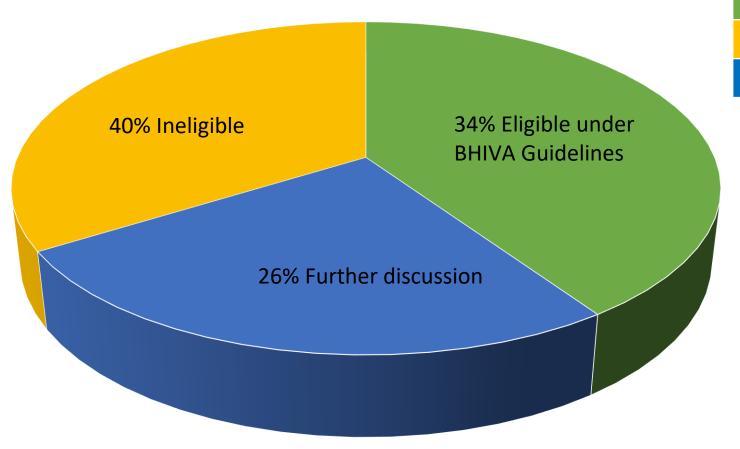
Results

Table 1: Demographic Details of YLWPaHIV		
N	121 (100%)	
Median Age	20yrs (IQR 18 - 23yrs)	
Under 18 Years	25 (21%)	
Female	69 (58%)	
Black African /		
Caribbean	89 (74%)	





Results



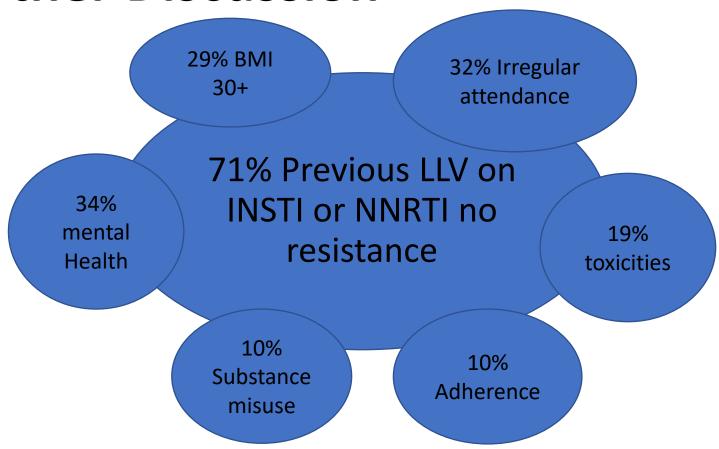
Age years (n)	12-17 (25)	18-25 (96)
Eligible %	32	34
Ineligible %	36	42
Discussion %	32	24

Table 1: Eligibility by age grouping





Further Discussion



Multiple Factors in 67%

19% 2+ factors

42% 3+ factors

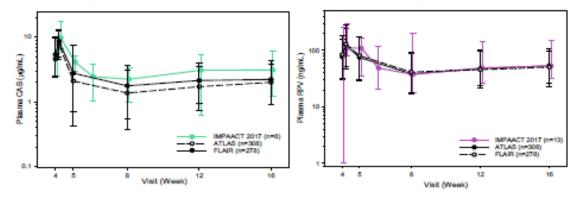
6% 4+ factors



IMPAACT 2017 (MOCHA)

- IM CAB-LA or RPV-LA in 12-17 year olds achieved target exposure compared to that in adults
- Good acceptability and tolerability
- No new Safety concerns
- Eligible youth preferences are being sought however LA-CAB/RPV is as yet unlicensed <18 years.

Figure 1: Observed preliminary median (5th, 95th percentile) concentration-time data in adolescents (MOCHA) compared to pivotal Phase 3 Studies ATLAS and FLAIR in adults following oral lead in and 3 x monthly injections (CAB left panel, RPV right panel)





Conclusions

1. Only one third of YLWPaHIV met all of the BHIVA eligibility criteria.

Only 2 of eligible patients were currently established on LA-CAB/RPV

3. A further quarter may be eligible but half of those have 3 or more factors that potentially add to their risk of VF and require further MDT discussion



Conclusions

4. A flexible and creative approach is necessary to successfully implement longacting injectable therapies in services for YPWPaHIV, such as offering access to medications out of hours, different locations, settings and an MDT approach.









Acknowledgements

- Caroline Foster
- Fionnuala Ryan
- Sarah Fidler
- Hana Jayadal
- Nicky Mackie
- Merle Henderson
- Graham Frize

