

# 26th Annual Conference of the British HIV Association 2020



**BHIVA**   
British HIV Association

# Recently acquired HIV in the clinic

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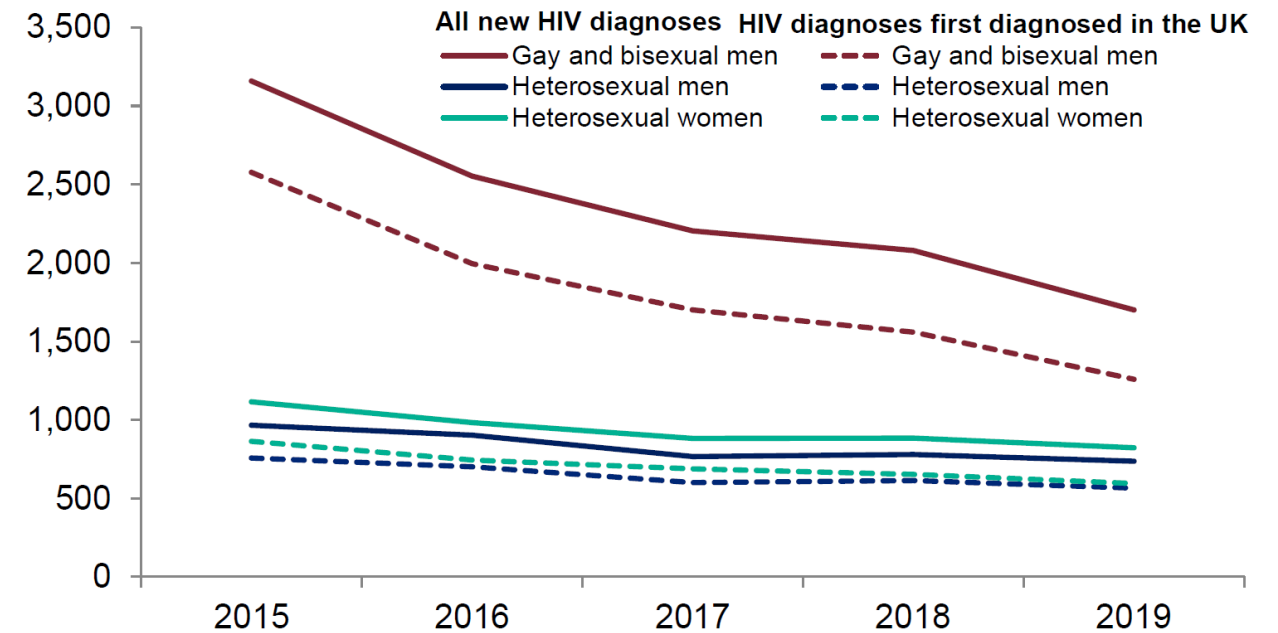
# Declaration of Interests relating to this presentation

- None

# Context in the UK

- Falling diagnoses
- Falling incidence
- Falling number of people with recently acquired HIV

Figure 3: New HIV diagnoses in the UK by probable exposure group and location of first diagnosis, 2015 to 2019



# Interventions – Combination prevention

## In the sexual health clinic

- Testing (+ community, online etc)
- Identification of people at higher risk
- Recall and repeat testing
- Risk reduction interventions
- PrEP initiation
- Partner notification



## In the HIV clinic

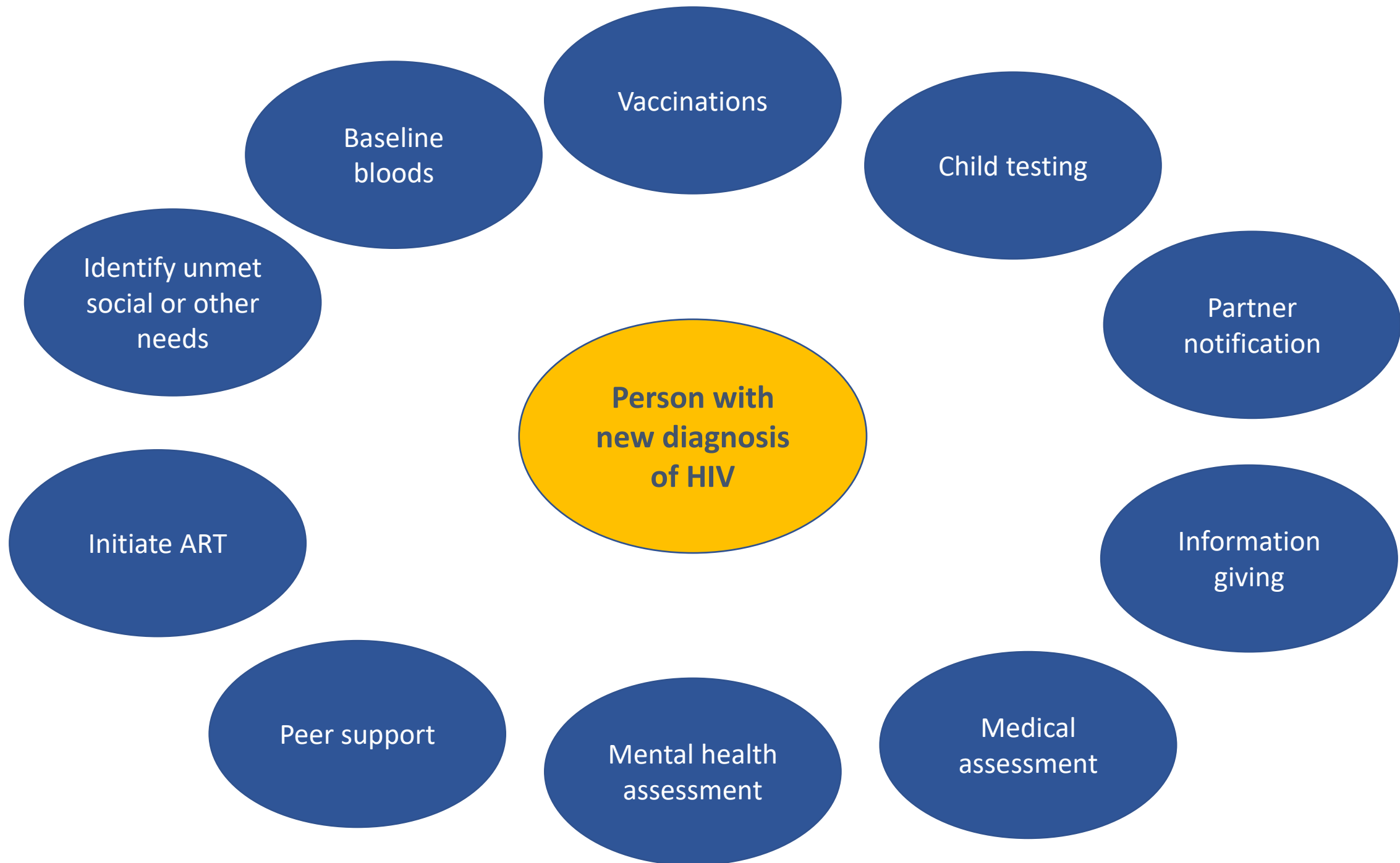
- Early initiation of ART
- Support around treatment and diagnosis
- Initiation and facilitation of partner notification

Liaison and feedback  
Surveillance and monitoring  
PHE

# Missed Opportunities?

- 56 Dean Street lookback of 177 new HIV diagnoses in 2018
  - 50 had attended service prior to diagnosis
  - 32% had accessed PEP
  - 38% reported chemsex
  - 50% had rectal STI and 30% early syphilis in year before
  - 56% had ever had a documented PrEP discussion\*
  - 12% had used PrEP

**\*No available IMPACT places for majority of study period**



Vaccinations

Baseline bloods

Child testing

Partner notification

Person with new diagnosis of HIV

Information giving

Medical assessment

Mental health assessment

Peer support

Initiate ART

Identify unmet social or other needs

# Roles of HIV services

- Increasing options for managing people with “uncomplicated” HIV
- What is the focus for specialist HIV services?
  - Complex ART issues
  - Adherence support and best outcomes for people with higher levels of need
  - Helping to achieve elimination of HIV transmission
    - Partner notification
    - Helping to understand and inform interventions to reduce new HIV acquisition



# Questions?

- Have we got time?
- When do you ask someone to complete a survey about their recent testing behaviour / sexual history / use of PrEP?
- Does it feel ok to ask someone who has just acquired HIV about why they were not taking PrEP?