Clinical outcomes and experiences of trans people accessing HIV care in England

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PHE has received project grants from Gilead and ViiV Healthcare
• Revised questions
• Results from HARS dataset
• Results from Positive Voices survey
• Conclusions
• BASHH recommendations
How is gender collected?

**CONFIDENTIAL REPORT OF:**
- [ ] FIRST UK DIAGNOSIS OF HIV INFECTION (Sections A, B & D) [Excludes transfers of care within UK]
- [ ] ALL FIRST UK DIAGNOSES OF AIDS (Sections A, C & D)
- [ ] DEATH WITHOUT AIDS IN AN HIV INFECTED PERSON (Sections A, C & D)

**A: ALL REPORTS**

<table>
<thead>
<tr>
<th>Hospital/Centre</th>
<th>Dept./Ward</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reporting Consultant</td>
<td>Telephone</td>
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**PATIENT DETAILS**

<table>
<thead>
<tr>
<th>Soundex code/surname</th>
<th>Initials</th>
<th>DOB / /</th>
<th>Sex M</th>
<th>F</th>
</tr>
</thead>
</table>

If in UK temporarily, usual country of residence

Country of birth

If not UK, date of first arrival (mm/yy) /
Revised questions

Two-stage question developed in collaboration with CliniQ, the LGBT Foundation, and a partnership of other LGB&T organisations.

A2 How do you identify your gender?
- Woman (including trans woman)
- Man (including trans man)
- Non-binary
- In another way
- Prefer not to say

A3 Is this the same gender you were assigned at birth?
- Yes
- No
- Prefer not to say
HARS
HIV & AIDS Reporting System

National system for monitoring HIV outpatient care in England

Collects clinical data at every attendance

Gender identity data may be partially complete, this is being addressed through continued follow-up with clinics and improved guidance.
Trans people accessing HIV care

123 trans people were recorded as accessing HIV care in England in 2017 (0.14% of all people in care)

Gender identity

- Female: 88%
- Male: 8%
- Gender diverse: 4%

Residency

- 56% live in London

Age group

- Aged 15 - 34: 27%
- Aged 35 - 49: 42%
- Aged 50+: 31%

Ethnicity

- White: 62%
- BAME: 38%

Further breakdowns are published online: https://www.gov.uk/government/statistics/hiv-annual-data-tables
Cascade of HIV care, UK 2017

- Diagnosed: 100% Trans, 100% Cis
- On ART: 98% Trans, 98% Cis
- Virally suppressed: 97% Trans, 95% Cis
Clinical outcomes

Diagnosed late*
*CD4 count < 350 cells/mm³
Trans: 40%
Cis: 43%

Clinical complexity (excluding psychiatric care)
Trans: 13%
Cis: 23%

Under active psychiatric care
Trans: 16%
Cis: 4%
A representative sample of people living with HIV in England and Wales were invited to complete the survey.

4,424 people responded, of whom 39 (0.88%) identified as trans or non-binary.

Questions about living with HIV, health service use, met and unmet need, relationships etc.
Health and quality of life

- Felt depressed or anxious: 41% Trans, 23% Cis
- Reported health as bad or very bad: 40% Trans, 26% Cis
- Problems with self-care (washing and dressing): 36% Trans, 13% Cis
Felt you were refused health care or delayed treatment or medical procedure because of your HIV?

- Yes, more than a year ago: 11% (Trans) 6% (Cis)
- Yes, in the last year: 12% (Trans) 7% (Cis)
• For the first time we have presented information on trans people accessing HIV care

• Trans and non-binary gender identity may be under-reported by clinicians, improvements in data quality will lead to better representation of trans people in HIV and STI data

• Trans people have high levels of ART uptake and viral suppression

• Trans people reported higher levels of depression and anxiety, stigma in healthcare settings, and worse health overall, which needs to be addressed
Please read...

RECOMMENDATIONS FOR INTEGRATED SEXUAL HEALTH SERVICES FOR TRANS, INCLUDING NON-BINARY, PEOPLE

- Service design
- Clinical aspects
- Legal considerations

www.bashh.org/about-bashh/publications/
Thank you

We gratefully acknowledge the continuing collaboration of people living with HIV, as well as clinicians, microbiologists, immunologists, public health practitioners, occupational health doctors, nurses and other colleagues who contribute to the surveillance of HIV and STIs in the UK.

Thank you to all Positive Voices survey participants & staff at 73 recruiting HIV clinics.

Thank you to Jane Sheppard for infographic design

Special thanks to Juno Roche and Michelle Ross

Questions?