

Fifth Annual BHIVA Conference for the
Management of HIV/Hepatitis Co-Infection
in collaboration with BASL and BVHG



Professor John O'Grady

King's College Hospital, London

Wednesday 3 October 2012, One Great George Street Conference Centre, London

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| COMPETING INTEREST OF FINANCIAL VALUE \geq £1,000: | |
|--|-------------------|
| Speaker Name | Statement |
| John O'Grady | None |
| Date | 22 September 2012 |



Liver transplant for HIV/ HCV should be excluded from transplantation in the UK

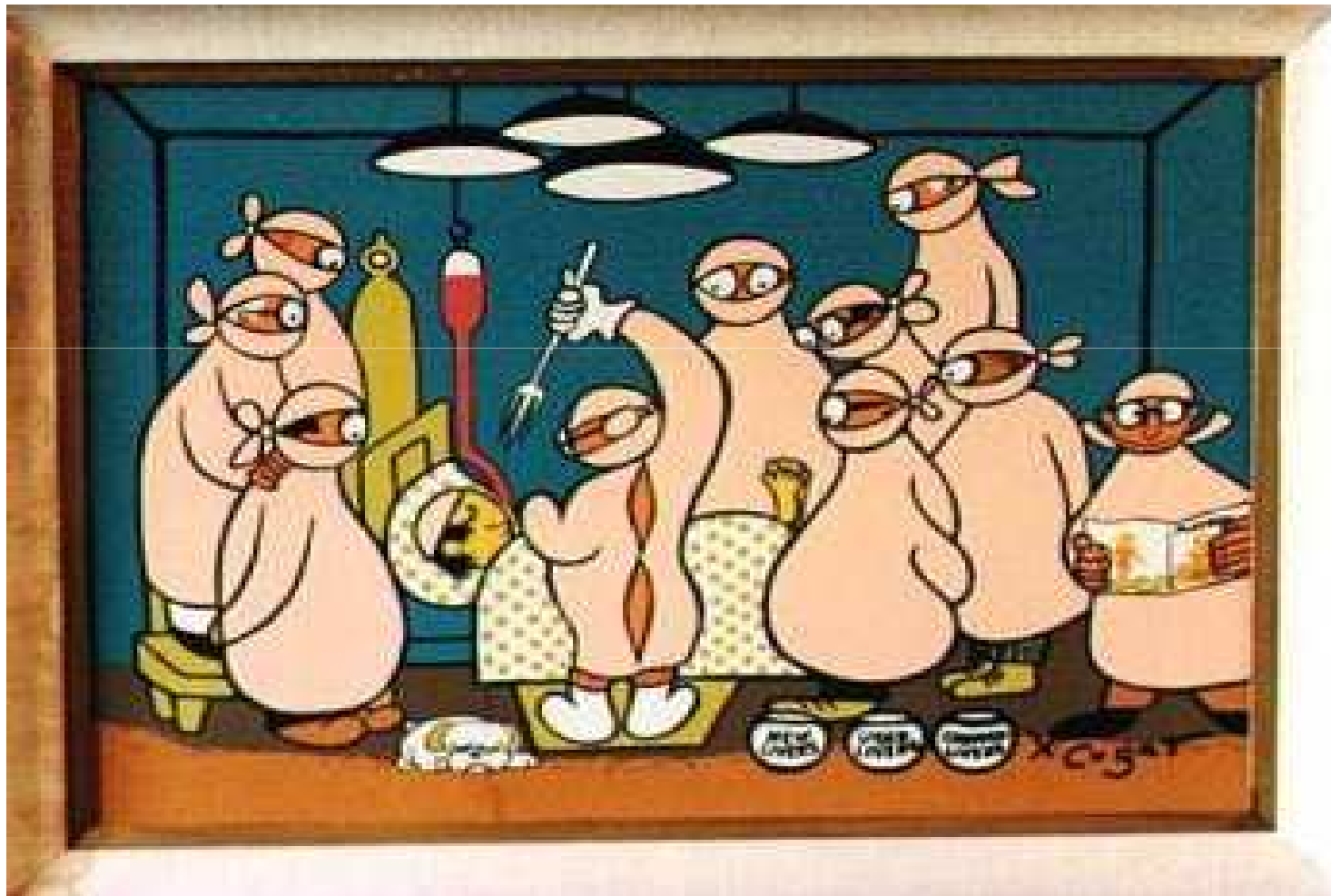


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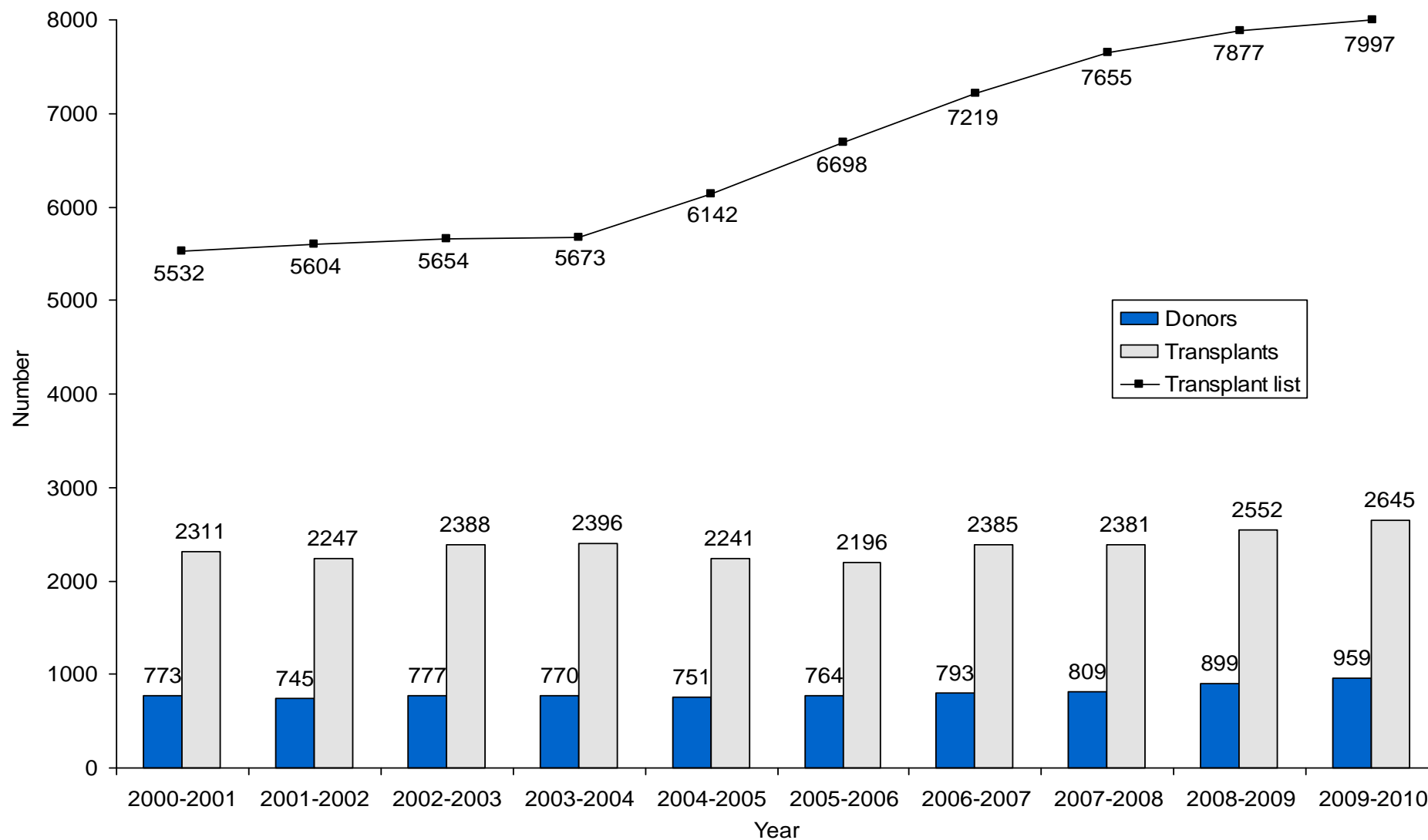
2012 BHIVA

Liver Transplantation

A tough environment in the UK



Number of deceased donors and transplants in the UK, 1 April 2000 - 31 March 2010, and patients on the active transplant lists at 31 March



Source: Transplant activity in the UK, 2009-2010, NHS Blood and Transplant

HIV - LT the big questions?

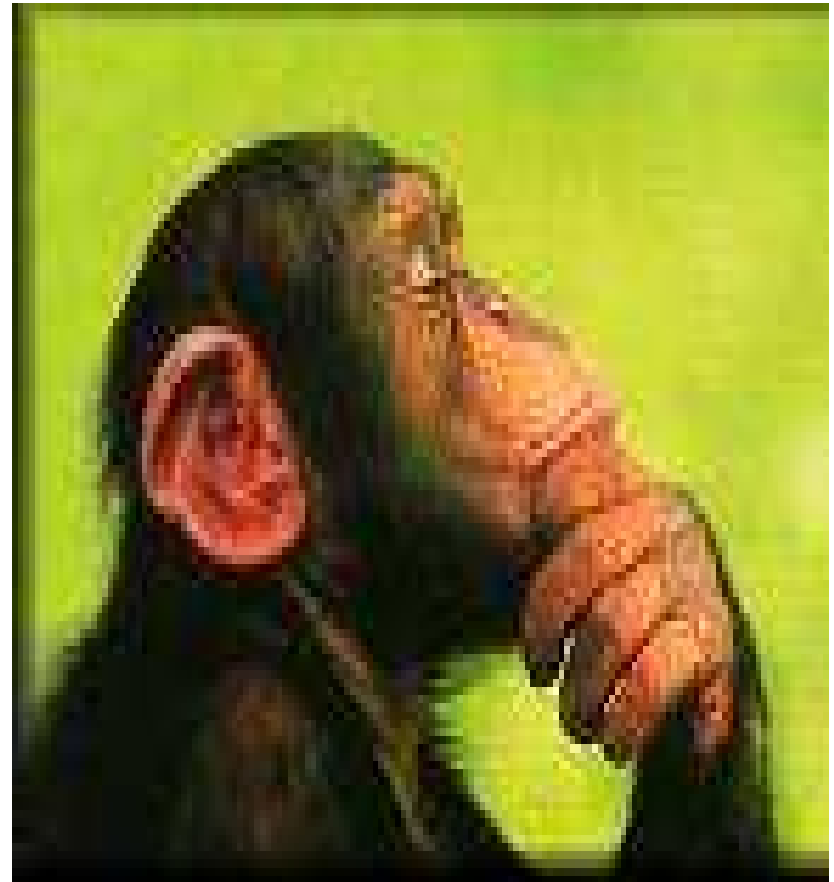
In an era of donor shortage...

Utility/ benefit/ equity/ justice
Allocation

Designated units - resource?

Outcomes – benchmark?

Current evidence suggests
outcomes in HIV/HCV are
suboptimal...too much so...





HIV/HCV coinfection

HIV effect on HCV and vice versa - hepatotoxicity

More rapid progression of fibrosis ^{1, 2, 3}

Complications appear clinically similar

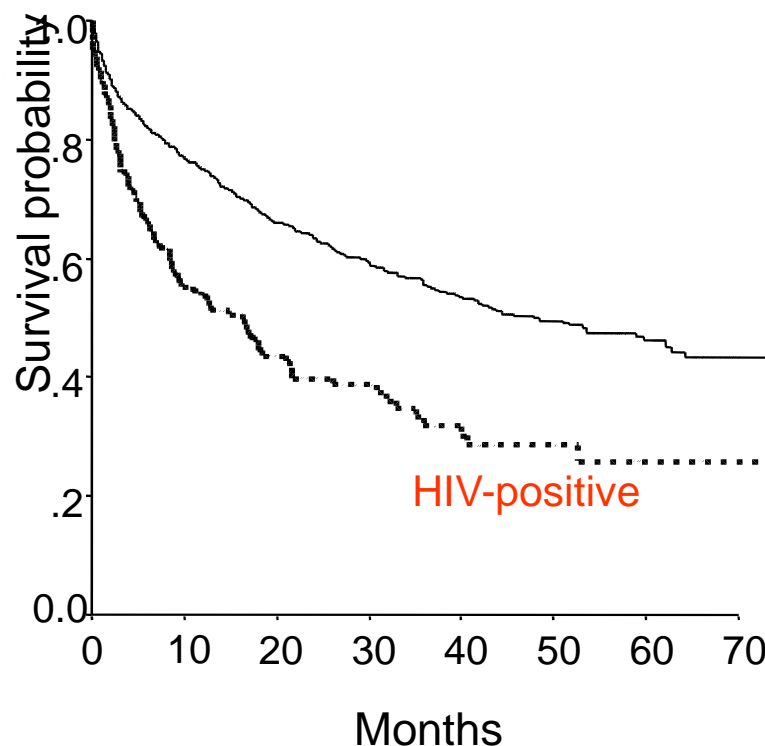
More rapid decompensation ^{4, 5, 6, 7}

Survival reduced after 1st decompensation ^{4, 5} [16 vs 48 months]

Main cause of death of HIV+ in ESLD

1. Benhamou, Y, Bochet, M et al. Liver Fibrosis in Human Immunodeficiency Virus and Hepatitis C Virus Coinfected Patients Hepatology 1999; 30:1054-1058
2. Poynard, T, Mathurin, P et al. A comparison of fibrosis in chronic liver diseases Journal of Hepatology. 2003; 257-265
3. Puoti, M, Bonacini, M et al. Liver fibrosis progression is related to CD4 cell depletion in patients coinfecting with Hepatitis C Virus and human immunodeficiency virus Journal of Infectious Diseases 2001; 183:134-7
4. Pineda, J A, Romero-Gómez, et al. Hepatology 2005; 41: 779-789
5. Merchante, N, Girón-González, J A et al. AIDS 2006; 20:49-57
6. Macías, J, Melguizo, I et al. Eur J Clin Microbiol Infect Dis 2002; 21:775-781
7. Blackard, J T, Sherman, K E. Journal of Viral Hepatitis 2008; 15:323-330

HIV coinfection Shortens the Survival: Should we allocate prioritisation to HIV?



Survival among HCV-infected individuals with and without HIV coinfection

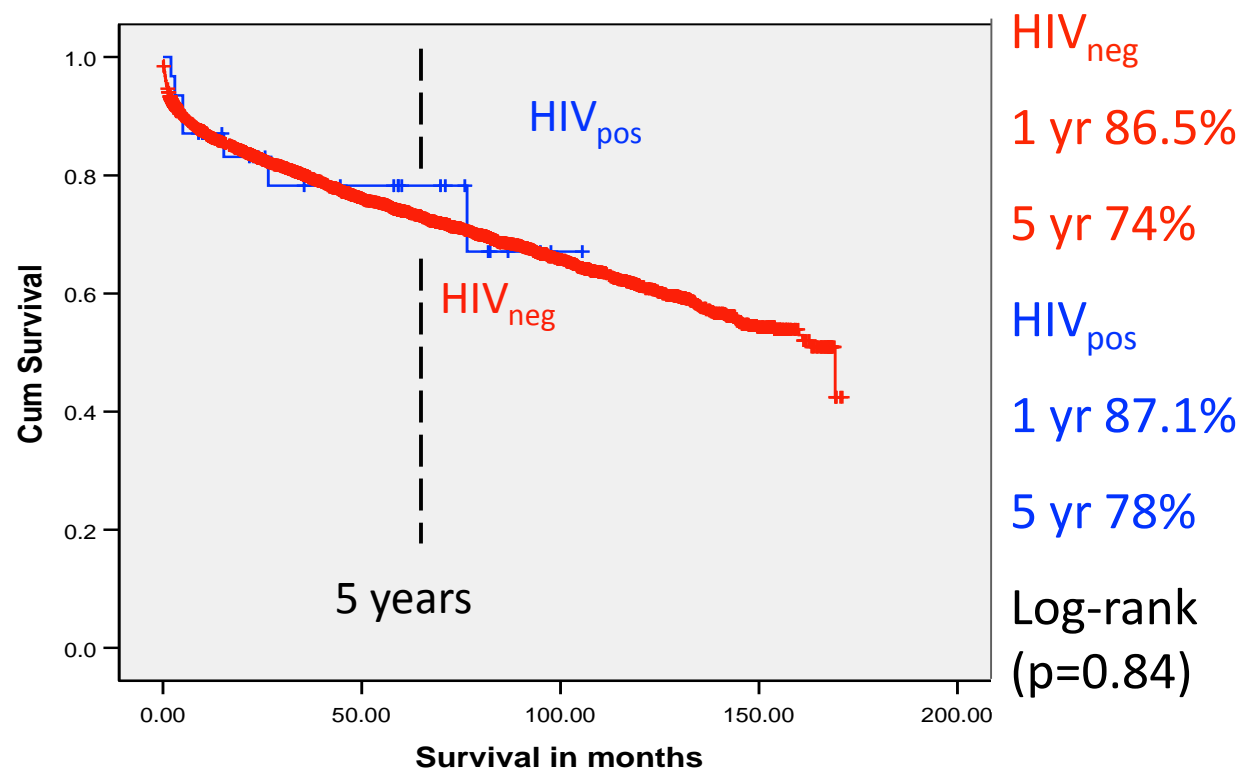
| | 1- year | 2- years | 5- years |
|---------|------------|-------------|-------------|
| HCV | 74% | 61% | 44% |
| HCV/HIV | 54% | 40% | 25% |

No. at risk

HIV-positive 180 75 46 30 19 11 5 3

Pineda JA et al. Hepatology. 2005, 41:779-89

Survival rates between HIV_{pos} and HIV_{neg} patients in UK



HIV_{pos} were younger compared to HIV_{neg} patients
(mean 42.2 years \pm 9 versus 51.2 \pm 11.06; p=0.001)



Why have I changed my opinion?

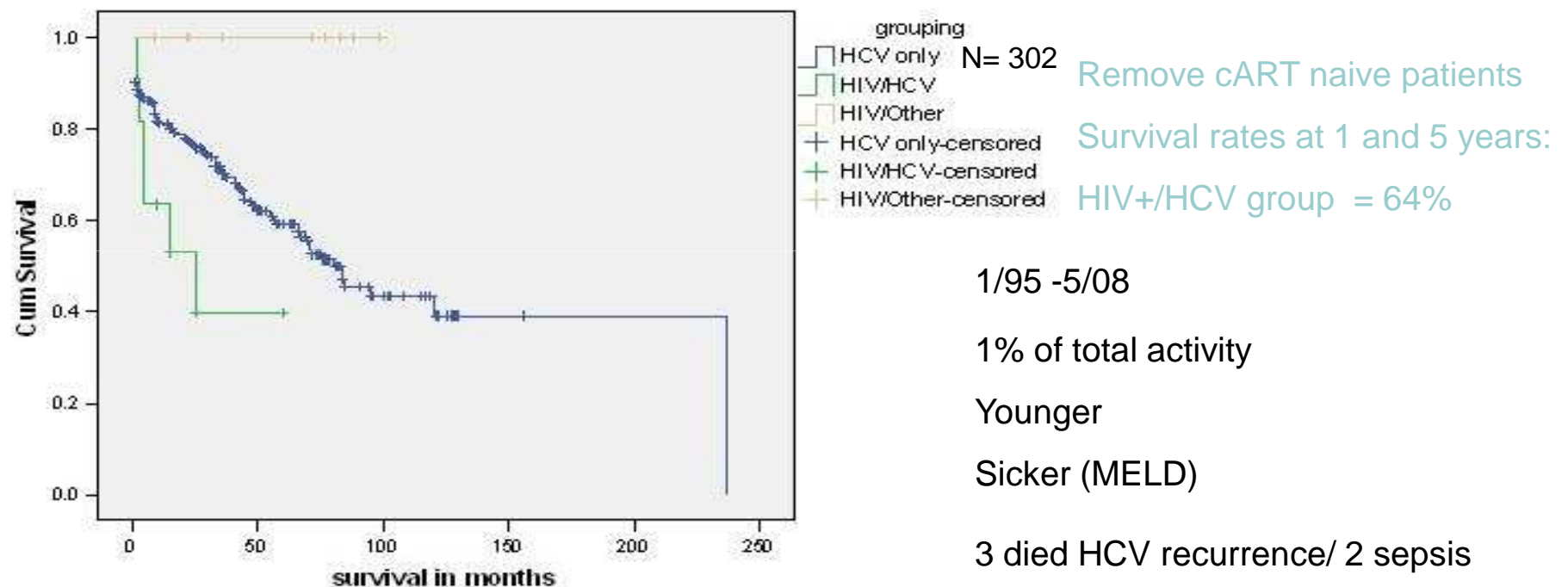
- 1:5 patients wait >2 years for a transplant
- HIV/HCV blood group O and B patients would need routine prioritisation
- 'Expected progress' has not materialised
- We fail to adhere to protocols



Editorial comment

- 3 year graft survival rate of 53%disappoints.....fails to provide the basis for a sustainable practice.....risks the emergence of calls for a moratorium on liver transplantation activity.....because of the extent of patients with competing needs with better outcomes.

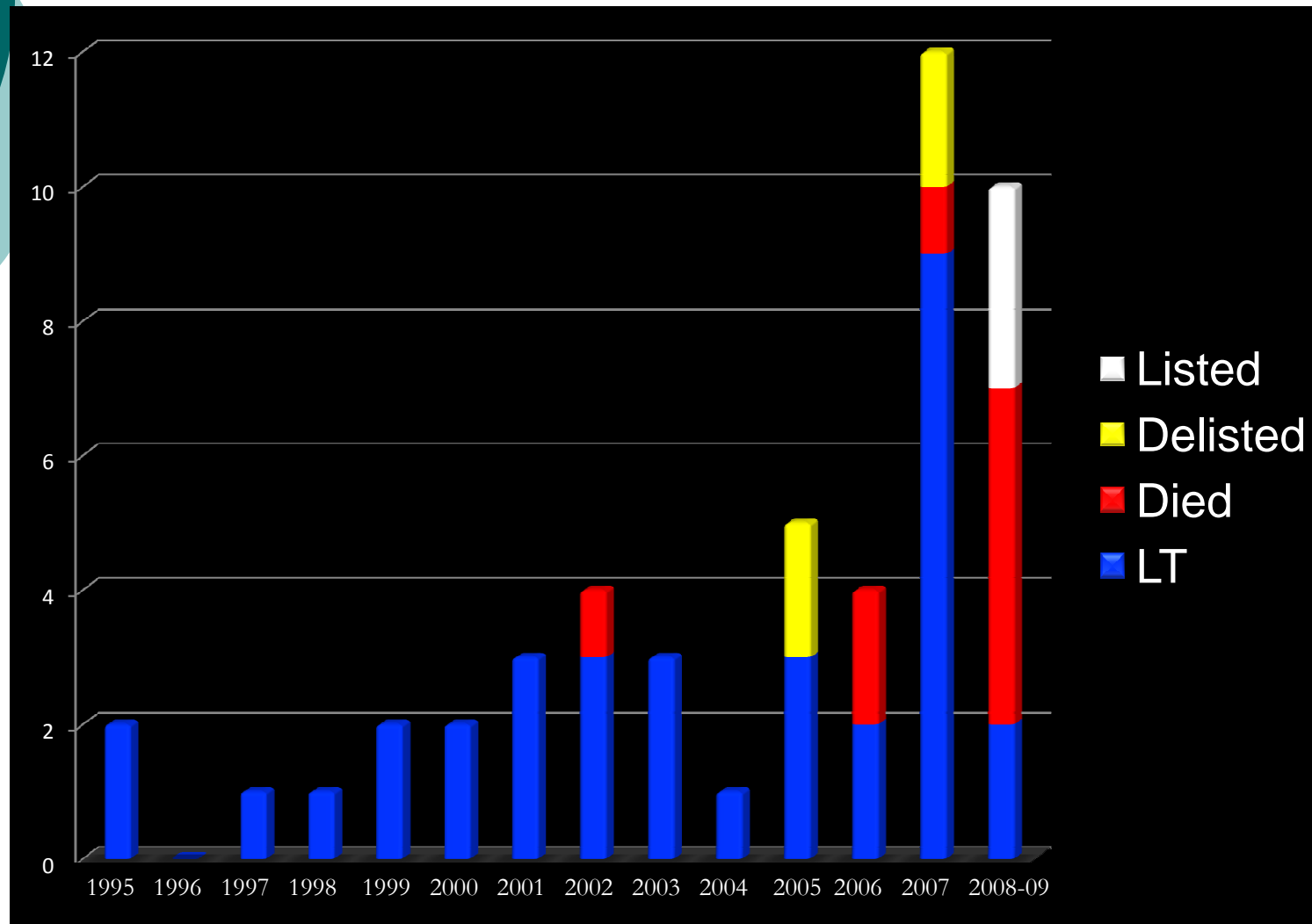
KINGS:HIV/HCV coinfectd patients have 'prohibitively' poor survival at 5 years



Survival rates at 1 and 5 years: HIV/HCV group (64% and 40%) versus 100% and 100% [HIV/other] versus 82% and 64% [HCV], logrank P=0.003

LT in HIV+ve patients in UK:

Pts are referred late/are sicker (Kings data)





Outcomes for HIV/HCV post LT

| Author | N | MELD [#] | Patient survival (%)^ | | |
|---------------------------|-----|-------------------|-----------------------|---------|---------|
| | | | 1 year | 3 years | 5 years |
| Ragni et al, 2003 | 15 | | 80 | 57 | - |
| De Vera et al, 2007 | 27 | | 67 | 56 | 33 |
| Schreibman et al, 2007 | 15 | | 73 | 73 | - |
| Vennerecci et al, 2007 | 12* | | 88 | 58 | - |
| Duclos-vallee et al, 2008 | 35 | | - | 73 | 51 |
| Joshi et al, 2008 | 11 | | 64 | - | 40 |
| Terrault et al, 2009 | 81 | | 71 | 59 | - |



NIH study

- Prospective study of 89 HIV/HCV co-infected patients
- Comparison group of 235 HCV mono-infected patients
- Transplanted between 2003 and 2010



NIH study – patient characteristics

- Median CD4 count 283 cell/ml
- 88% HIV RNA negative
- 80% resumed antiviral therapy within 1 week of transplantation
- 42% received anti-HCV therapy (versus 24%)



NIH study - outcomes

- 3 year patient survival rates 60% versus 79%
- 3 year graft survival rates 53% versus 74%
- Main cause of death was sepsis and multi-organ failure

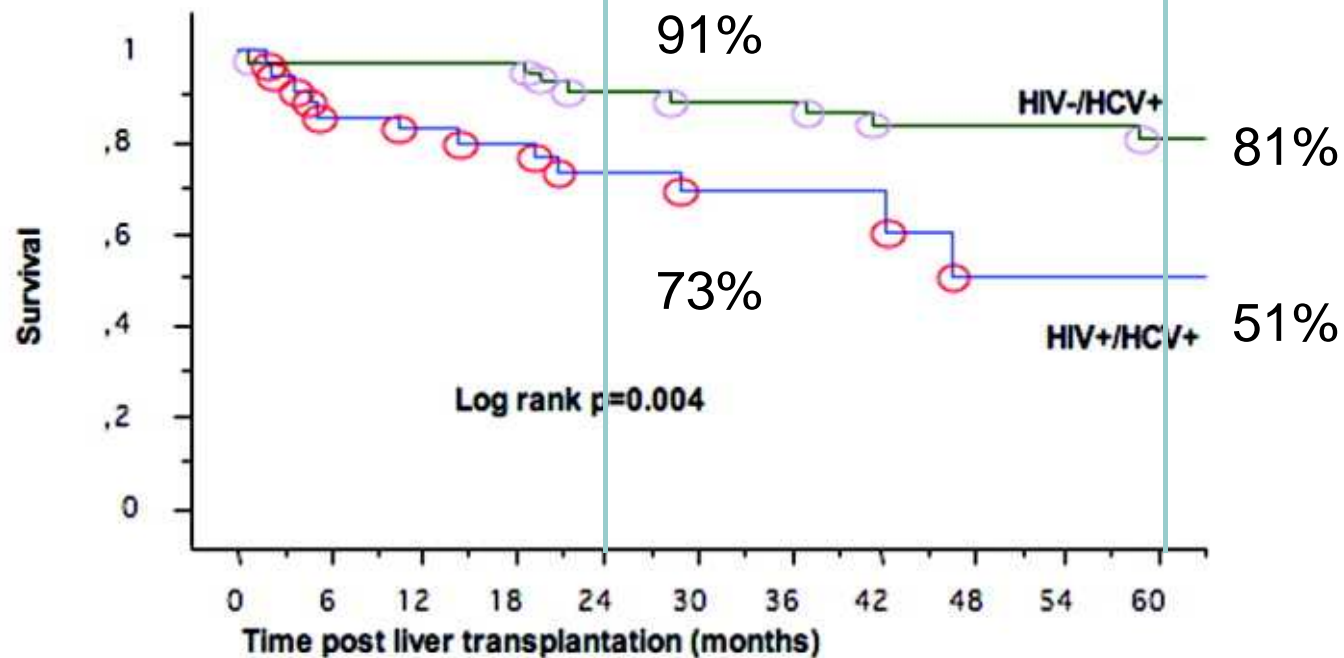


NIH study – suggestions to improve outcomes

- 3 year survival 72% if patients with BMI <21 and patients with renal failure excluded
- Recommendation to allocate organs from donors <64 years who are HCV negative
- Optimise immunosuppression to prevent acute cellular rejection

Survival of HIV-HCV vs HCV mono

More aggressive fibrosis



| | | | | | | | |
|-----------|----|----|----|----|----|----|----|
| HIV-/HCV+ | 44 | 43 | 43 | 40 | 38 | 34 | 25 |
| HIV+/HCV+ | 35 | 33 | 33 | 19 | 12 | 5 | 4 |

The number of patients in each group is indicated

1999-2005

Duclos-Vallee JC et al 2007 Hepatology



Is there a way forward in the UK?

- Are we capable of becoming super-selective?
- Are we capable of sticking to protocols?
- Can we deliver optimal organs?
- Can we get access to new HCV anti-virals?

We can do better

LONDON . UK

DECEMBER 7 – 8 / 2012

LIVER DISEASES IN HIV INFECTION

SCIENTIFIC ORGANIZING COMMITTEE:

K. Agarwal, J. Rockstroh, F. Zoulim

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