

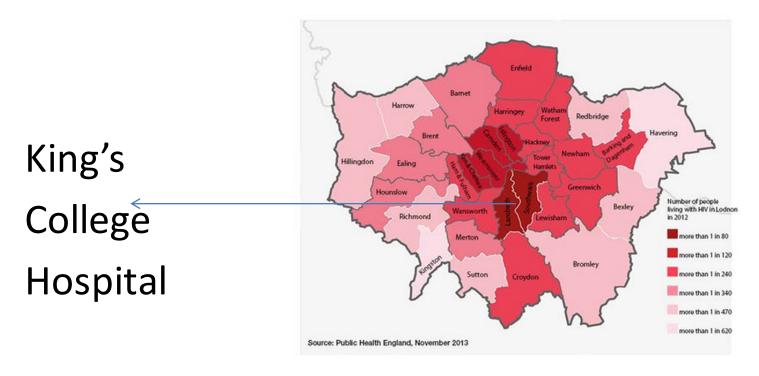


HIV testing in a London Emergency Department - the first 31 weeks

Hannah Alexander – Locum Consultant Newham University Hospital

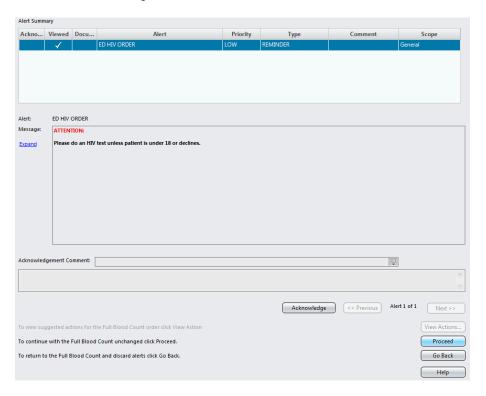
Background

 NICE recommends HIV testing in Emergency Departments in areas of high and extremely high prevalence



Background

- Opt out HIV testing was introduced on the 8th August 2016
- All patients 18 and over having bloods taken





What is HIV?

HIV stands for the Human Immunodeficiency Virus. It is a virus which weakens the body's immune system - the body's defence against diseases. If left untreated people with HIV are at greater risk of certain infections and cancers and can have a reduced life expectancy.

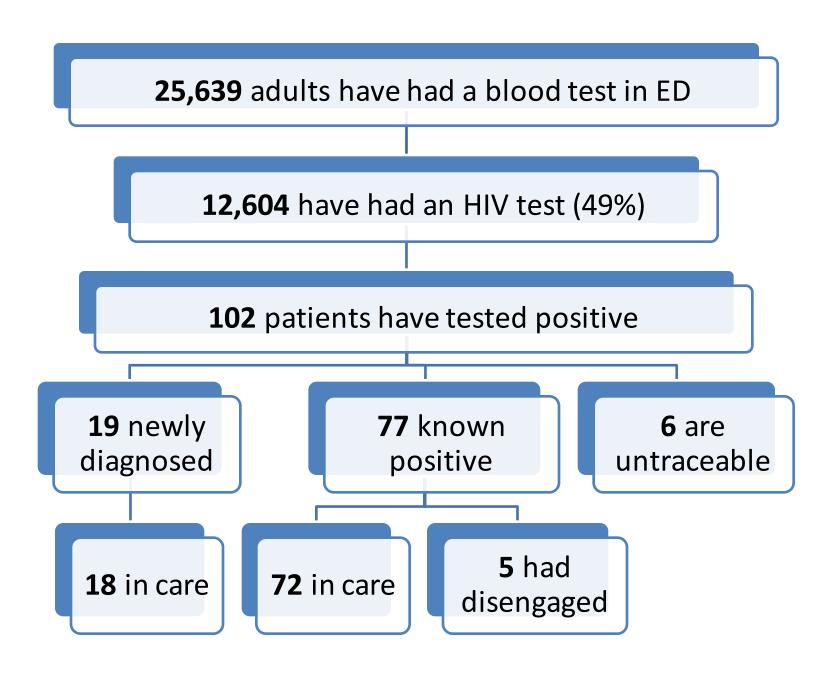
Can HIV be treated?

There is no cure for HIV but it can be treated, sometimes with just one pill a day. **People with HIV can have a normal life expectancy if**

Methods

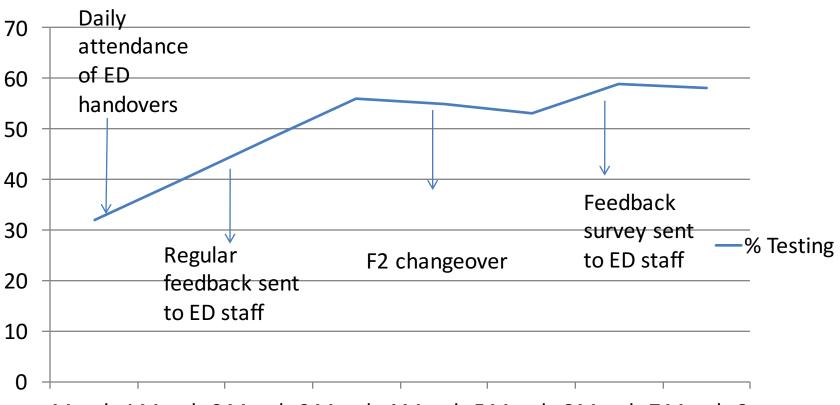
- A list of all HIV tests done each week is generated by virology
- The number of full blood counts taken over the same week is used as a surrogate for the number of patients having a blood test
- Testing rates calculated each week
- Demographics of the patients diagnosed in ED compared to those tested over the same period in GU
- Electronic notes checked to determine if HIV had been considered when patient newly diagnosed

Results



Testing rates

% Testing



Month 1 Month 2 Month 3 Month 4 Month 5 Month 6 Month 7 Month 8

19 % tested in 1st week – 62% tested in 31st week

Demographics

	Emergency Department	GUM	
Number newly diagnosed	19	15	
Number tested	12,604	5918	
Point prevalence undiagnosed HIV	1.5/1000	2.5/1000	
Age – mean (range)	42 (21-61)	38 (24-56)	
Ethnicity	10 Black African/Caribbean	10 Black African/Caribbean	
Risk - MSM	4/19	9/15	
CD4 at diagnosis – mean (range)	233 (13-738)	522 (24-884)	
Retained in care	1 has not engaged	4 have not engaged	
	1 has transferred care	1 has moved away	

19 new diagnoses

6 had AIDS defining conditions, 2 were seroconverting

Case	Age	Gender	CD4	Diagnosis	Admitted	HIV considered?
1	50	M	65	Toxoplasmosis	N	N
2	43	M	17	Toxoplasmosis	Υ	N
3	42	M	44	Cryptococcal meningitis	N	N
4	28	M	423	Seroconversion	Υ	N
5	47	F	179	Seroconversion	Υ	N
6	49	M	13	PCP	Υ	Υ
7	35	M	19	PCP	Υ	Υ
8	26	F	148	Toxoplasmosis	Υ	Υ

Discussion

- Testing patients who are presenting to ED and having bloods skews towards more advanced presentations
- 10/19 were diagnosed very late
- Issues with patients being untraceable
- Point prevalence of undiagnosed HIV is less than we anticipated

Discussion

- ED testing provides an excellent opportunity to diagnose HIV
- Linkage into care greater than in sexual health services
- Patients diagnosed are primarily Black African/Caribbean heterosexual
- Prompt appropriate management where AIDS defining condition

The next steps

- Local commissioning secured
- Consider expansion to patients not having bloods taken
- Ongoing monitoring to determine if mean CD4 count rises

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