19th Annual Conference of British HIV Association British HIV Association (BHIVA)

Dr Alejandro Arenas-Pinto University College London

16-19 April 2013, Manchester Central Convention Complex

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COMPETING INTEREST OF FINANCIAL VALUE > £1,000:				
Speaker Name	Statement			
Alejandro Arenas-Pinto	Has acted as speaker at a company-sponsored event (Janssen-Cilag Ltd) and has received personal grants for attending conferences and research from Abbott, Bristol-Myers Squibb and Janssen-Cilag Ltd			
Date	April 2013			

16-19 April 2013, Manchester Central Convention Complex



Neurocognitive test results from contemporary trials: what do they tell us?

Alejandro Arenas-Pinto

MRC- Clinical Trials Unit and University College London

Factors reported to be associated with Neurocognitive Impairment (NCI)

- Nadir CD4 cell count^{1,2}
- Baseline HIV-RNA > 1,000,000 copies/ml²
- Preexisting CVD³
- Education level⁴
- Central obesity⁵

Cross-sectional data Lack of appropriate comparator group Lack of universally accepted criteria for NCI Little information on effect of ART interventions

- 1. Ellis et al *AIDS* 2011; **25**: 1747 51
- 2.McCombe et al HIV Med 2013; 14: 99 107
- 3. Wright et al *Neurology* 2010; **75**: 864-73
- 4. Bonnet et al AIDS 2013; 27: 391 400
- 5. McCutchan et al Neurology 2012; 78: 485 92

The prevalence of neurocognitive impairment in HIVinfected patients may be lower than previously reported



- Cross-sectional (N= 200)
- Early stage (<6 years)
- HIV-uninfected Controls (N= 50)
- 8 cognitive domains
- Only factor associated with NCI:

Longer time on education (OR 1.24 per year; p 0.02)

Cognitive Impairment in People with and without HIV in the European Region



 Assess if mild neurocognitive defects in HIV positive and HIV negative MSM are associated with increased risky sexual behaviours



McDonnell et al. CROI 2013 (Poster 453)

Longitudinal data

Cohort studies looking at specific population groups



Adolescents and Adults Living with Perinatal HIV Cohort (AALPHI)



HIV-infected group (N= 400) HIV-negative group (N= 300)

• Living in the same household as case or have an HIV positive parent or sibling

Study questions

- Neurocognitive function and psychosocial issues
- Cardiovascular disease
- Metabolic complications
- Sexual and reproductive health
- Anthropometry and body composition

Neurocognitive testing

- 7 Cognitive domains
- Depression (HAD scale)
- > QoL
- Recreational drug use
- Alcohol intake
- Self-harm
- Other risky behaviours

Randomised data

Management of HIV-associated CI



Rivastigmine improves psychomotor speed and, marginally, executive functioning in HIV+ patients with HAND and undetectable HIV viral load in both plasma and CSF Maraviroc Intensification Leads to Improvement in Neurocognitive Test Performance and Declines in Immune Activation

- Single arm study (N=12)
- Secondary endpoint:
 - Change in neuropsychological testing performance at week 24
- Virologically suppressed patients
- MVC intensification for 24/52

- Modest improvement on NPZglobal score (mean 0.26) from baseline to week 24
- Performance in tests measuring psychomotor speed particularly better in impaired patients

A Simplification Study of unboosted ATV with ABC/3TC (ASSURE)

Figure 1. ASSURE Study Design 2:1 Randomization ABC/3TC + ATV n=199 TDF/FTC + ATV/r N=296 TDF/FTC + ATV/r n=97 0 24 48 Weeks * First or second regimen switch allowed for any reason EXCEPT virologic failure

Table 3. Summary and Comparison of Cognitive Outcomes at Week 24 Between the Two Treatment Groups (ITT-E)

Outcome variable	Adjusted mean difference	95% CI	Cohen's effect size	<i>P</i> value
Detection	0.004	-0.025, 0.033	0.036	0.788
Identification	0.016	-0.005, 0.036	0.197	0.142
One card learning	-0.006	-0.030, 0.018	-0.062	0.644
One back card	0.013	-0.011, 0.037	0.144	0.280
Neuropsychological composite Z score	-0.132	-0.354, 0.090	-0.156	0.244

Cognitive function change overtime: the Altair trial

 To assess the dynamics of neurocognitive function changes over 48-week period within a neurologically asymptomatic ART naïve patients





Reduction in speed represents improvement

 Increase in composite score represents improvement • RCT (N= 28)

- TDF/FTC with EFV, ATV/r or AZT/ABC
- •7 cognitive domains at BL,W24 and W48
- Overall improvements in NC function
- Greater improvement in groups 2 and 3:

A drug effect?

(b)

On-going RCT exploring cognitive function

• ART naïve patients:



• Early ART initiation:



On-going RCT exploring cognitive function (2)

• ART experienced patients:



	PI monotherapy vs. Standard cART	N= 576 (random 1:1) Baseline, week 12 and annually
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