

# Differences in cART-mediated immune reconstitution are revealed by distinct exhaustive phenotypes of HIV-1- and CMV-specific CD8<sup>+</sup> T cells

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## Introduction

Studies on long-term-non progressors (LTNP) have consistently showed that retaining a proliferative T-cell capacity is key for control of HIV-1 infection, however this is characteristically lost in the majority of HIV-1<sup>+</sup> individuals (1). The mechanisms behind this are still unclear warranting further exploration. During HIV-1 infection there is an increased expression of the negative immunoregulatory molecules Programmed cell Death-1 (PD-1) and T-cell immunoglobulin mucin-3 (TIM-3) (2,3), which have been implicated in an exhausted CD8<sup>+</sup> T-cell dysfunction. Ex-vivo blockade of PD-1 to its ligand (PD-L1) has been shown to enhance the proliferative capacity of CD8<sup>+</sup> T Cells (4), but it remains unclear how this impacts cART-mediated immune reconstitution. Here we assessed the effect of cART on proliferative responses to HIV-1 and CMV in parallel to the exhaustive phenotypes of HIV-1- and CMV-specific CD8<sup>+</sup> T cells to better understand how this may affect immune reconstitution.

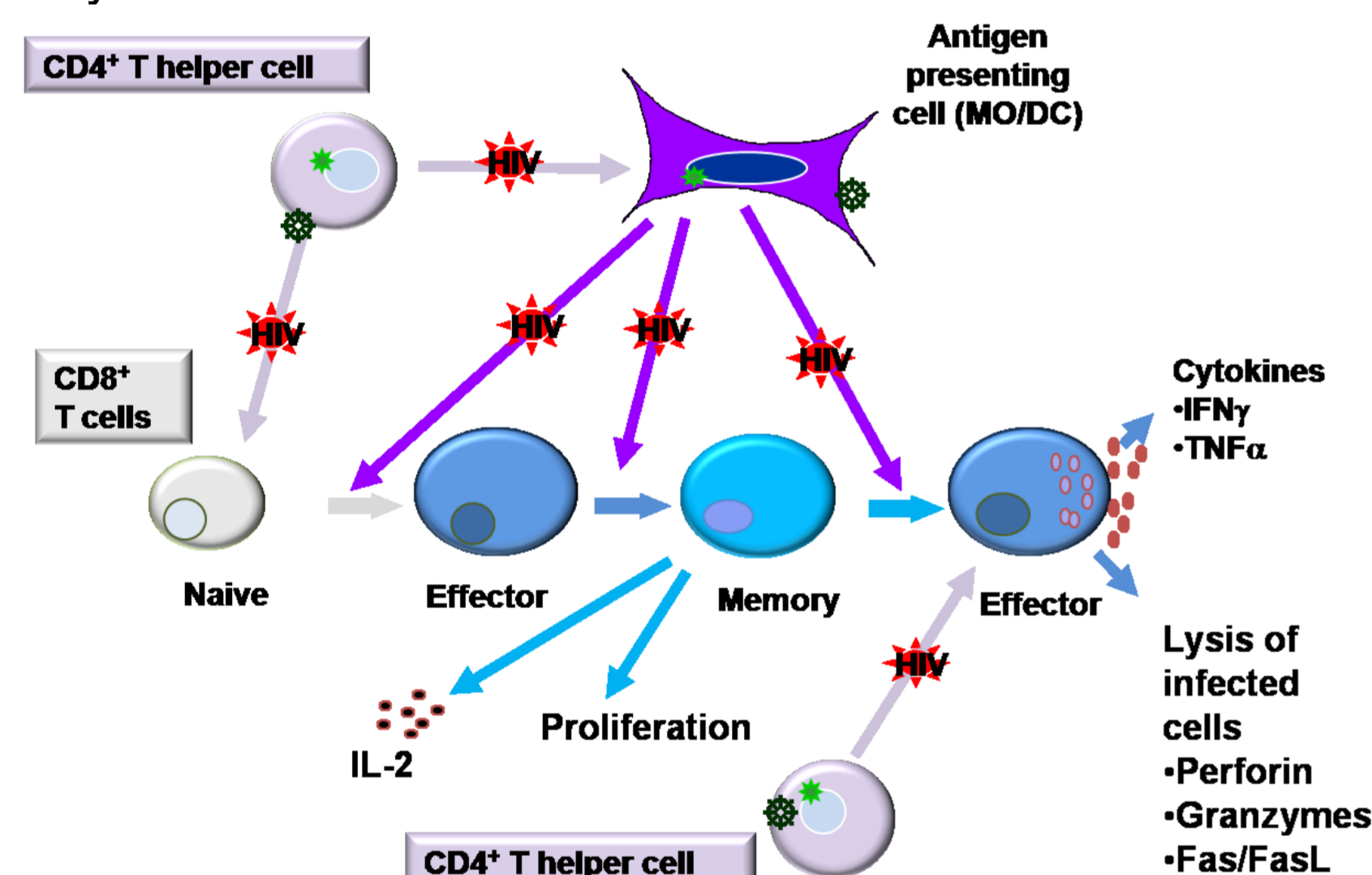


Figure 1. HIV-1 infection interferes with several key points of CD8 function, including differentiation, activation and exhaustion.

## Methods

- Proliferative responses by 3H-thymidine incorporation, to CMV and HIV-1 Gag p24 were assessed over a period of 96 weeks, in HIV-1<sup>+</sup> patients commencing cART.
- In addition, proliferative responses of long-term-nonprogressors (LTNP), chronically infected cART-naïve progressors and HIV seronegative individuals were assessed in parallel.
- Multimer technology was used to examine the immune activation (CD38, HLA-DR), maturation (CCR7, CD45RA) and exhaustion (PD-1, TIM-3) profiles of total, CMV- and HIV-1- specific CD8<sup>+</sup> T cells *ex vivo* in cART-naïve and treated individuals.
- Statistical analysis was performed using the Kruskal-Wallis and Mann-Whitney U test with the Bonferroni correction for multiple analysis testing. Significance was defined as  $p < 0.05$ .

## References

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- Day *et al.*, (2006) *Nature* 443, 350-354
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## Acknowledgements

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## Results

- cART initiation → Increased proliferative responses to CMV but not to HIV-1 Gag p24
- LTNP → greater proliferative responses to CMV and HIV-1 Gag p24 compared to chronic progressors and healthy controls
- Higher frequencies of HIV-1-specific CD8<sup>+</sup> T cells expressing PD-1 and TIM-3 compared to CD8<sup>+</sup> T cells specific for CMV

## Proliferative responses

### Longitudinal analysis

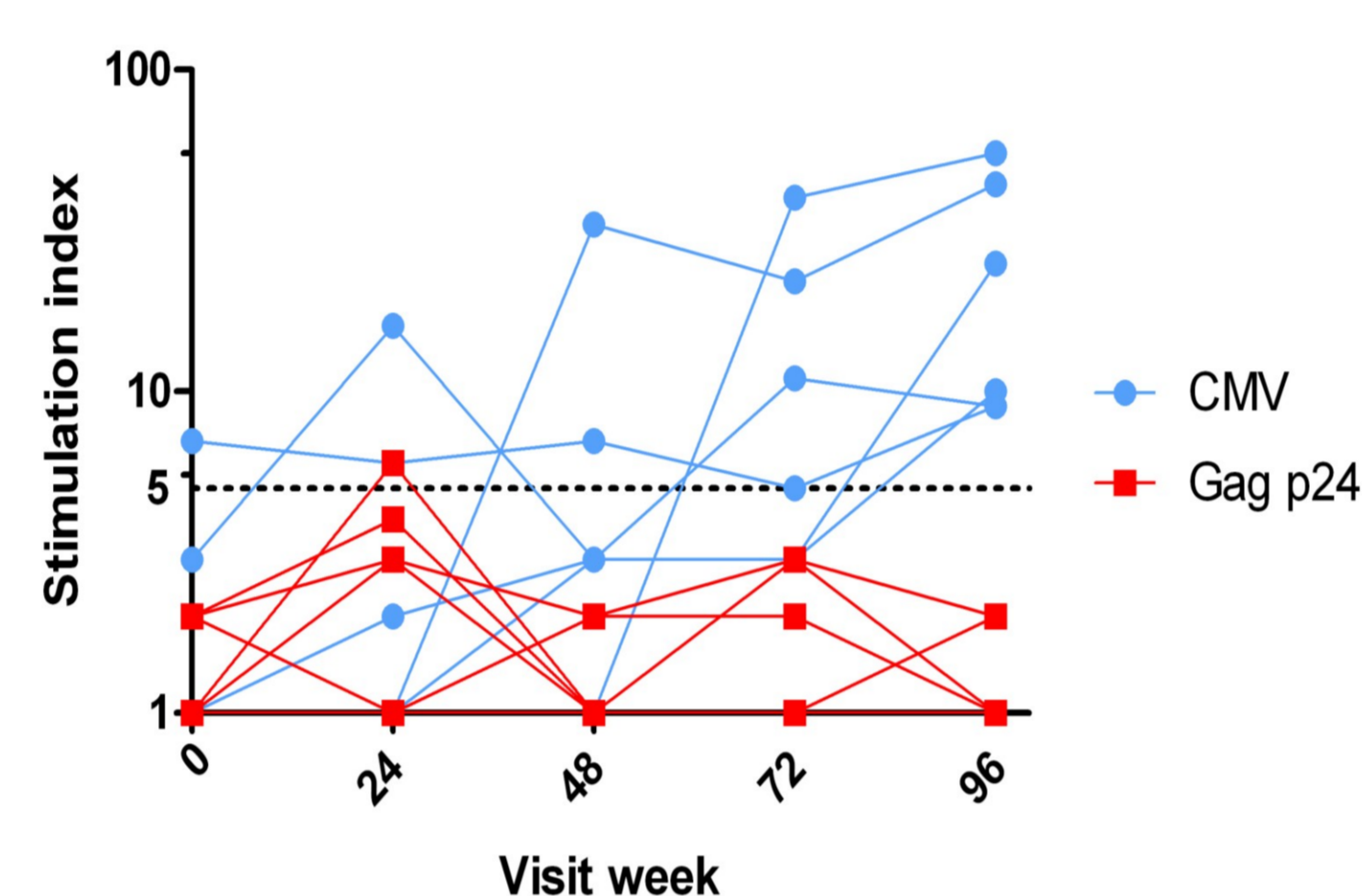


Figure 2. All six HIV-1<sup>+</sup> individuals studied exhibited increased T-cell proliferative responses to CMV following 96 weeks of cART, however responses to Gag p24 remained undetectable (median stimulation index: 17.5 (9 to 55) and 1.5 (1 to 2) respectively).

### Cross-sectional analysis

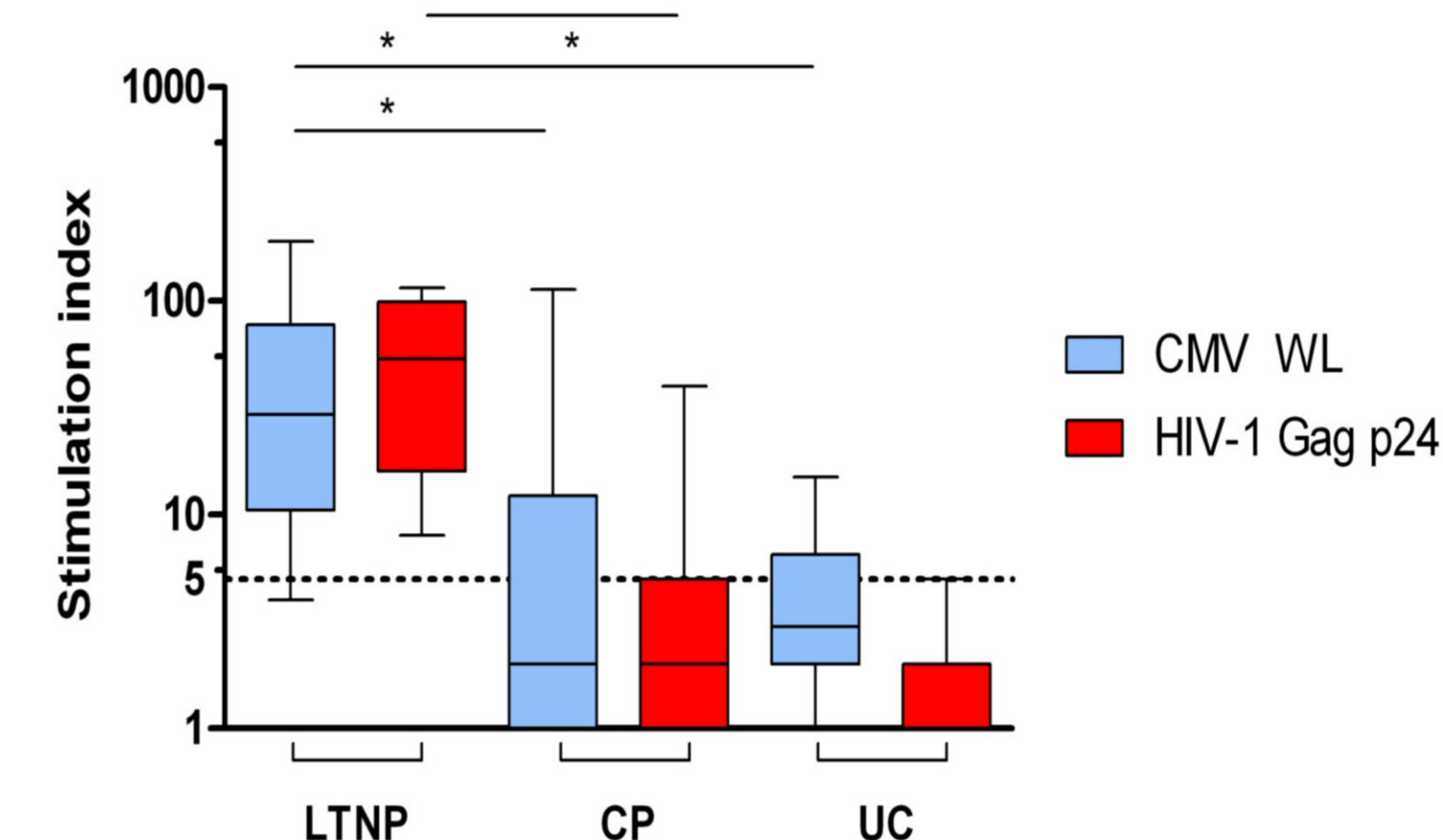


Figure 3. Significantly higher proliferative response to CMV and Gag p24 in LTNP (n=10) when compared to both healthy uninfected controls (UC; n=16) and cART-naïve HIV-1<sup>+</sup> patients (chronic progressors, CP; n=54;  $p < 0.0025$  for all).

## Phenotypic analysis

### Differentiation Activation Exhaustion

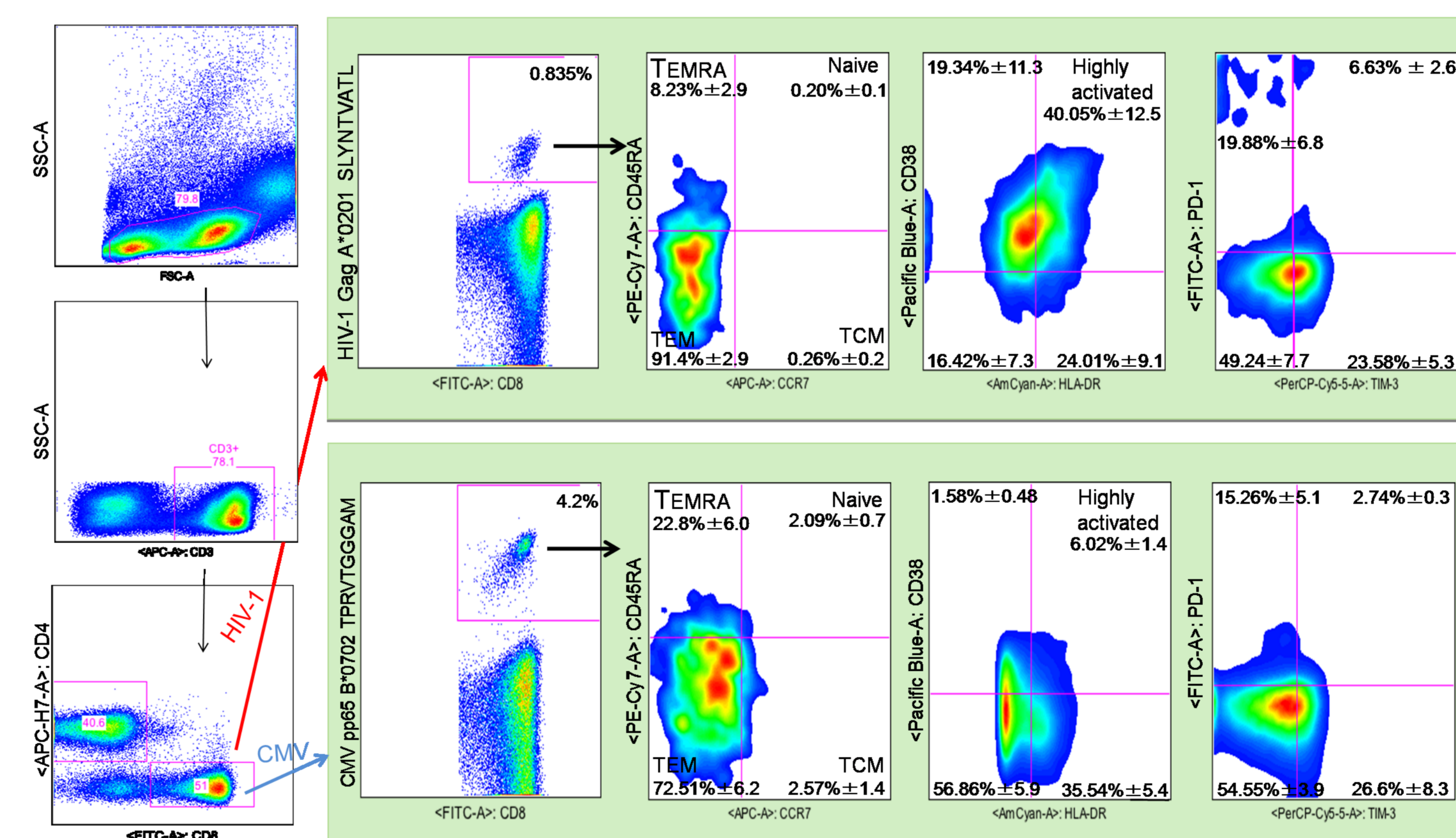


Figure 4. Phenotypic characterization using multimer technology. Variable frequencies of CMV-specific CD8<sup>+</sup> T cells expressing PD-1 (7.6 to 24.0%) and TIM-3 (12.3 to 40.9%) were observed. Furthermore, there was a trend for a higher proportion of HIV-1 Gag-specific CD8<sup>+</sup> T cells to express both PD-1 and TIM-3 compared to CMV TM10-specific CD8<sup>+</sup> T cells (6.63±2.59 and 2.74±0.26 respectively; n=6; two graphs furthest to the right), however a more in depth analysis is needed.

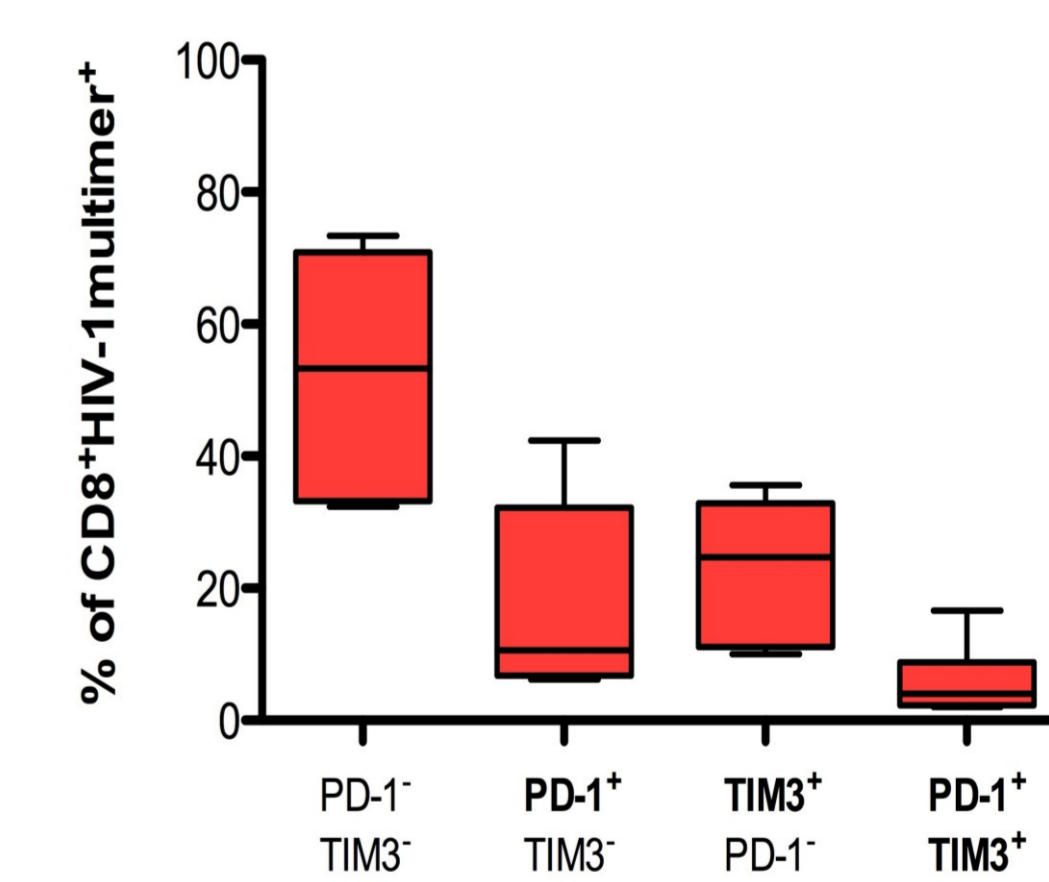


Figure 5. Exhaustive phenotype of HIV-1<sup>+</sup>multimer<sup>+</sup> (SLVNTVATL) CD8<sup>+</sup> T cells in cART-naïve HIV-1<sup>+</sup> individuals (n=6).

## Conclusion

- The distinct cART-mediated reconstitution of CMV-specific proliferative responses compared to HIV-1 Gag p24 responses may be attributed to the observed higher frequencies of TIM-3 and PD-1 expressing CD8<sup>+</sup> T cells specific for HIV-1 compared to CMV.
- This may impact the reconstitution potential of proliferative responses in HIV-1<sup>+</sup> patients shown to be important for virus control.

## Clinical implications

- Future therapeutic interventions should focus on targeting PD-1 and/or TIM-3 in conjunction with current cART regimens.
- This might result in improved HIV-1-specific immune reconstitution, including enhanced proliferative responses, compared to using cART alone.