Final Programme

British HIV Association
BHIVA

Royal College of
General Practitioners
RCGP

Second Joint Multidisciplinary
Conference of BHIVA and RCGP

HIV in Primary Care
– Shared Care

Friday 9 September 2016
30 Euston Square, London

This conference is sponsored
by ViiV Healthcare UK

6 CPD credits:
Unique reference number: 106969
Introduction

HIV in Primary Care – Shared Care

We are delighted to welcome you on behalf of the British HIV Association (BHIVA) and the Royal College of General Practitioners (RCGP) to this Second Joint Multidisciplinary Conference on HIV in Primary Care, bringing together general practitioners, practice nurses, HIV clinicians and other professionals working in primary and secondary care.

General practitioners and primary care teams have increasingly important roles to play in the diagnosis, treatment and care of their patients who have HIV, as well as those who are at risk of acquiring the infection. For people with HIV, who are diagnosed in time, and can both access and engage with treatment and care, the long-term outlook is optimistic. In these settings many of the principles of chronic condition management are increasingly relevant for the best care and outcomes for people with HIV.

The programme will be delivered by partnerships of general practitioners and HIV clinicians, all of whom have significant experience in the treatment and care of people living with HIV. The programme consists of lectures reviewing the evidence for recommendations, and will be illustrated by practical clinical examples.

We would like to thank all our speakers and chairs for giving up their time to participate and share their expertise. We also extend our thanks to ViV Healthcare UK, whose generosity as conference sponsor has allowed us to deliver the programme without cost to delegates.

We very much hope you will enjoy the conference and find it relevant to both your educational and practical needs.

Dr David Asboe  
Chair of British HIV Association

Professor Maureen Baker  
Chair of Royal College of General Practitioners Council

Conference Steering Committee

Dr David Asboe  
Clinical Director of HIV Medicine and Sexual Health, Chelsea and Westminster Hospital, London

Dr Philippa James  
General Practitioner, Cornbrook Medical Practice, Manchester

Mrs Jackie Morton  
Independent Consultant

Dr Chloe Orkin  
Consultant Physician and Lead for HIV Research, Barts Health NHS Trust, London

Dr Iain Reeves  
Consultant, Homerton University Hospital, London

Dr Maryam Shahmanesh  
Senior Lecturer/Honorary Consultant, University College London

Dr Surinder Singh  
Senior Lecturer in General Practice, University College London

Dr Ewen Stewart  
General Practitioner, Rosegarden Medical Practice, Edinburgh

Dr Laura Waters  
Consultant GU/HIV Medicine, Mortimer Market Centre, London
Conference Information

Conference venue

30 Euston Square, London NW1 2FB
020 8453 4600
www.30eustonsquare.co.uk

30 Euston Square is located in the heart of London, with five major train stations within 10 minutes of the venue. It is located on the corner of Euston Road and Euston Square, a 3-minute walk from London Euston station and 5 minutes from King’s Cross and St Pancras International stations.

30 Euston Square is situated in Bloomsbury, close to University College London, the British Library, the British Museum, Great Ormond Street Hospital and the Wellcome Collection. Car parking is available at a nearby NCP, and there are cycle parking facilities on site.

Registration

Registration includes access to the scientific sessions, exhibition and refreshments as outlined in the conference programme.

Delegate badges

Badges must be worn at all times to gain access to the lecture theatre and catering areas.

Continuing Professional Development (CPD)

Medical staff in career grade posts who are enrolled with one of the Royal Medical Colleges for Continuing Professional Development will be entitled to receive CPD credits at the rate of one per conference hour. Please be advised that the attendance list for the conference will be kept on file for reference by the appropriate Royal Colleges.

This event has been allocated 6 CPD credits and, for those who are registered for CPD accreditation with the Royal College of Physicians, the unique reference code is 106969.

Accommodation

30 Euston Square provides 41 boutique-style bedrooms with en-suite facilities. Please visit: www.30eustonsquare.co.uk or telephone: 020 8453 4600.
Programme

0900–0940  Registration and coffee

0940–0950  Welcome and introduction
Dr David Asboe, Chair of British HIV Association
Professor Maureen Baker, Chair of Royal College of General Practitioners Council

Session 1 – Diagnosing HIV
Chairs:  Dr Rebecca Hall, Mawbey Group Practice, London
        Dr Laura Waters, Mortimer Market Centre, London

0950–1000  Introduction to HIV testing
Mr Chris Alderton, Terrence Higgins Trust

1000–1020  HIV in the UK – a changing landscape
Dr Fiona Burns, Royal Free London NHS Foundation Trust
• Epidemiology and overview
• How does early diagnosis in primary care make a difference?
• Where are the practices with high prevalence and why does this matter?
• Key populations
• Update on prevention including pre-exposure prophylaxis (PrEP)

1020–1040  HIV testing of relevance to general practice
Dr Werner Leber, Queen Mary University of London
• How to apply NICE and BHIVA/BASHH guidelines to practice
• Recognising primary HIV infection
• What’s new – home sampling, home testing, point-of-care testing
• Supporting people newly diagnosed HIV positive
• Innovative testing in primary care and beyond

1040–1100  Panel discussion

1100–1130  Morning coffee

1130–1300  Seminars 1 & 2

Seminar 1: Testing in people with indicator conditions

1130–1215  Auditorium
Facilitators:
Dr Michael Brady, King’s College Hospital, London
Mr Garry Brough, Positively UK
Dr Philippa James, Cornbrook Medical Practice, Manchester

1215–1300  Room G12 and G13
Facilitators:
Dr David Chadwick, James Cook University Hospital, Middlesbrough
Miss Laura Kwardem, UK Community Advisory Board
Dr Richard Ma, The Village Practice, London

Seminar 2: Opt-out testing in high-prevalence areas and in groups at higher risk

1130–1215  Room G1
Facilitators:
Dr Gerry O’Shea, Urban Village Medical Practice, Manchester
Dr Iain Reeves, Homerton University Hospital, London
Mr Alex Sparrowhawk, Terrence Higgins Trust
1130–1215
Room G2
Facilitators:
Ms Silvia Petretti, Positively UK
Dr Javier Vilar, North Manchester General Hospital
Dr Simon Wilkins, The Docs, Manchester

1215–1300
Lunch

1300–1400
Seminars 3 & 4

1400–1445
Seminar 3: Managing common medical conditions, co-morbidities, drug interactions
Auditorium
Facilitators:
Dr Michael Brady, King’s College Hospital, London
Mr Garry Brough, Positively UK
Dr Philippa James, Cornbrook Medical Practice, Manchester

1445–1530
Room G12 and G13
Facilitators:
Dr David Chadwick, James Cook University Hospital, Middlesbrough
Miss Laura Kwardem, UK Community Advisory Board
Dr Richard Ma, The Village Practice, London

1400–1445
Seminar 4: Exploration of what enhanced management of HIV in primary care might look like
Room G1
Facilitators:
Dr Gerry O’Shea, Urban Village Medical Practice, Manchester
Dr Iain Reeves, Homerton University Hospital, London
Mr Alex Sparrowhawk, Terrence Higgins Trust

1445–1530
Room G2
Facilitators:
Ms Silvia Petretti, Positively UK
Dr Javier Vilar, North Manchester General Hospital
Dr Simon Wilkins, The Docs, Manchester

1530–1600
Afternoon tea

1600–1630
Session 2 – Long-term shared care of people living with HIV
Chairs:
Dr David Asboe, Chelsea and Westminster Hospital, London
Dr Philippa James, Cornbrook Medical Practice, Manchester

1630–1700
Management of HIV in 2016
Dr Surinder Singh, University College London
- How ART has simplified
- When to start ART including treatment as prevention
- Monitoring treatment
- Managing side effects and drug interactions
- Managing co-morbidities and minor illness
- HIV and psychological health

1710–1720
Panel discussion and close
Dr David Asboe, Chair, British HIV Association
Biographies

Chris Alderton has been volunteering at the Terence Higgins Trust for a year, working with community engagement/group work teams and speaking publicly about his experience with HIV. He also facilitates the newly diagnosed groups for THT. Chris has been HIV positive for about a year-and-a-half, and found THT when he was first diagnosed and needed help. He is open and up front about his status, and believes that fighting the stigma and building relationships between all services linked to HIV is of the utmost importance.

David Asboe is Clinical Director of HIV Medicine and Sexual Health at Chelsea and Westminster Hospital, London. He has been Chair of the British HIV Association since 2013 and is also Convenor of the Diploma in HIV Medicine exam run by the Worshipful Society of Apothecaries.

Maureen Baker joined NHS Connecting for Health (CfH), now Health and Social Care Information Centre (HSCIC), in 2007, and up to April this year was their Strategic Adviser for Patient Safety, holding this position jointly with that of Chair, RCGP. She has previously held appointments with the National Patient Safety Agency, NHS Direct and the University of Nottingham. Her work in patient safety includes establishing a formal clinical safety management system for NHS CFH, the development of safety standards for Health IT for the NHS in England, and the development of e-learning modules on patient safety for doctors in training. Professor Baker has a long history with the RCGP and was Honorary Secretary (1999–2009) and elected Chair of Council in November 2013. She has worked tirelessly to make return to British General Practice safe and started the nationwide campaign, Put Patients First, to increase funding for General Practice by 2017. She is still a practising GP in Lincolnshire.

Michael Brady is a Consultant in Sexual Health and HIV at King’s College Hospital, London and the Medical Director for Terrence Higgins Trust. He has a particular interest in HIV testing and prevention of transmission, and has been involved in a number of projects to develop and evaluate novel HIV testing strategies, including community and outreach point-of-care testing, on-line home HIV and STI sampling, and HIV self-testing.

Garry Brough has been living with HIV since 1991 and became involved in patient advocacy and peer support when he co-founded the Bloomsbury Patients Network in 1999. He has worked both in the NHS and the voluntary sector to support patient involvement and empowerment, and has acted as a community representative in a number of committees for BHIVA and NHS England (CRG and London CAG). He currently works for Positively UK, training HIV Peer Mentors to work across London and the UK, as part of Project 100.

Fiona Burns graduated from Otago University, New Zealand, in 1992 and moved to the UK in 1995. She is the HIV Clinical Lead at the Royal Free Hospital and a Senior Lecturer in the Research Department of Infection and Population Health at UCL. Her research interests are directed at improving access to care and addressing social inequalities, especially for migrant communities; her PhD explored HIV infection amongst Africans in London. Fiona has undertaken several studies assessing the acceptability, feasibility and cost-effectiveness of new HIV testing service models to reduce undiagnosed HIV infection.

David Chadwick is an Infectious Diseases Physician based in Middlesbrough, with an interest in HIV infection. He is Service Lead for a medium-sized HIV clinic, and currently serves as a BHIVA trustee member and on a number of BHIVA sub-committees. David has a clinical and research interest in HIV testing and screening, vaccination of HIV patients, and HIV therapy and comorbidities in developing countries. He is also chairing the BHIVA guidelines group for treating opportunistic infections.

Philippa James is a GP principal in Manchester with an interest in HIV and has, until recently, been the HIV Lead of the Sex, Drug and Blood Borne Virus Group of the RCGP. She participated in the development of the BHIVA Standards of Care for People Living with HIV, and is also a member of the NICE Steering Committee currently revising the HIV testing guidelines.

Laura Kwardem is an HIV activist and a promoter of the provision of high-quality integrated healthcare, gender sensitivity and upholding the rights and dignity of all people living with HIV. She is particularly passionate about the meaningful involvement and active participation of women living with HIV in decision-making, leadership, research and economic empowerment. Laura is also an ardent supporter of sustainable ‘grassroots’ safe spaces and peer support in the effective management of HIV.

Werner Leber is a salaried GP in Tower Hamlets and Clinical Lecturer in Primary Care at Queen Mary University of London. His research focuses on promoting HIV testing and diagnosis in East London using a mixed-methods approach. Werner currently leads on a Collaboration for Leadership in Applied Health Research and Care (CLAHRC) programme, comparing the long-term effectiveness and cost-effectiveness of a rapid HIV testing trial (RHIVA2) in Hackney with a sexual health network-improved service in Tower Hamlets and Newham. Werner is also a clinical lead for integrated care at Tower Hamlets CCG, aiming to improve the quality of care and wellbeing of people living with long-term conditions.
Biographies

Richard Ma is a GP principal in London and NIHR In-Practice Fellow at Imperial College London. He has a research interest in public health, particularly sexual and reproductive health. He has been a member of the RCGP’s Sex, Drugs and Blood Borne Virus Group, the National Chlamydia Screening Advisory Group, an expert member on NICE guidelines on preventing sexually transmitted infections and under-18 conceptions, and more recently an expert member for the NICE Quality Standards Advisory Committee on Contraception. Richard frequently writes and lectures on all matters related to sexual health. Follow him on Twitter: @GP_SexualHealth or @Richard_GP

Jackie Morton is a Registered Nurse and District Nurse with a Master’s Degree in Business Administration. Jackie is an active advocate for people living with HIV, having been the Interim Chief Executive at Terrence Higgins Trust, Chair of HIV Scotland, Advisory Panel member for the Blood Borne Virus Framework in Scotland 2011–15, Advisory Panel member of the UK Stigma Index 2015, and community lead on the BHIVA primary care project.

Gerry O’Shea has been a GP in inner city Manchester for 25 years. The practice has a diverse list of over 10,000 patients and has a long history of working with the homeless and other marginalised groups. It also has a large cohort of patients with hepatitis C and HIV.

Silvia Petretti is a woman living with HIV and advocate for the human rights of people living with HIV. She was diagnosed in 1997. Since 2005 Silvia has been openly living with HIV because she believes it is a powerful tool to challenge the stigma and prejudices directed towards women living with HIV. Silvia is coordinator of Poz-Fem UK, the British national network of women living with HIV, which she co-founded in 2004. She has been working with Positively UK for 16 years and is now leading the organisation as Deputy CEO. Silvia is Chair of the UK Community Advisory Board, a national network of treatment advocates, and from 2009 to 2013 she was Community Representative on the Executive Committee of the British HIV Association.

Iain Reeves is Lead Clinician for HIV at the Homerton Hospital and Clinical Lead for the HIV Clinical Network in NE London and Essex (NELENET).

Maryam Shahmanesh is a Senior Lecturer in the Centre for Sexual Health and HIV research and an Honorary Consultant in Sexual Health and HIV Medicine at the Mortimer Market Centre. After graduating in Medicine (Cambridge University), Maryam completed her specialist training in Sexual health and HIV medicine (London). Her academic training, which has complemented her clinical training, includes a degree in Social and Political Science (Cambridge University), a Masters in Epidemiology (London School of Hygiene and Tropical Medicine), and a PhD in Clinical Epidemiology (University College London).

Surinder Singh is a Senior Lecturer at UCL and a GP with a long-standing interest in HIV and AIDS. He has been a senior partner in a thriving, expanding practice in Deptford, London since 1992. He was a member of the original Independent Advisory Group on Sexual Health and HIV. At University College London he is Programme Director for the integrated BSc in Primary Health Care, and latterly has been a performance assessor for the General Medical Council.

Alex Sparrowhawk joined Terrence Higgins Trust as their Membership and Involvement Officer in August 2015. Alex is a firm believer in amplifying the lived experiences of people with HIV to ensure that those living with the virus have a say in their own care and support services. A passionate advocate of peer support, Alex also supervises the Trust’s myHIV online peer support volunteers, who use their experiences in order to ensure clients achieve good health outcomes via self-management and their HIV and primary care providers.

Javier Vilar has been a Consultant in Infectious Diseases and Tropical Medicine since 2001. He was Chair of the treatment subgroup of the Greater Manchester Hepatitis C Strategy from 2006 until 2013 and has been Vice-chair of the Greater Manchester Hepatitis Strategy since 2015. Dr Vilar qualified in Medicine from the University of the Basque Country in Spain in 1988 and obtained his diploma in DTM & H (Distinction) at the Institut de Medicine Tropicale Prince Leopold in Antwerp. His MD was awarded by the University of Liverpool. His particular interest is in developing new models of care to engage people living with blood-borne viral infections. As well as developing infection clinics in Greater Manchester, he has also developed clinics embedded in drug services, GP joint clinics, community clinics, charity organisations and clinics at other hospitals to try to increase engagement of patients. His research interests are in HIV and hepatitis.

Simon Wilkins initially studied at the University of St Andrews, Scotland, before moving on to Manchester in 2002. He was delighted to join ‘The Docs’ practice in Manchester in the summer of 2013. It is situated in the city centre between the Gay Village and China Town, with a list size of 7100 and looking after just over 250 people living with HIV. The practice has recently commenced a community clinic in conjunction with the Infectious Diseases Department at North Manchester General Hospital.