



Case-note review: assessment of psychological well-being and substance use

Selection of patients: please make a list of adults (16 or over) who have attended your service for care for ongoing HIV infection during 2016 or 2017, eg from your HARS or Health Protection Scotland surveillance data. Please divide the number of individual patients on the list (not the number of attendances) by 40, round down to the nearest whole number, and call the result N. Then select every Nth patient from the list and complete this case note review questionnaire for each of these.

This is a dynamic questionnaire. Some questions are not currently visible and will only appear depending on answers to previous ones. A briefing document has been prepared which explains the aims of the audit and lists all possible questions that may be asked, to guide you in reviewing patient case notes and gathering together the data. Please [click here](#) to read it (opens in new window or tab).

In the event of any queries or technical difficulties, please contact BHIVA's clinical audit co-ordinator, Hilary Curtis hilary@regordane.net 07984 239556.

There are 25 questions in this survey

Patient characteristics

1 [] Please assign a number for this patient, from 1 to 40, to make it easier to identify the record in case of any query about the data.

Only numbers may be entered in this field.

Please write your answer here:

Please keep a list of patients entered in the audit for your own records, matching the number you've entered here to the patient's clinic number or bar-code sticker.

2 [] Gender:

Please choose **only one** of the following:

- Male
- Female
- Trans

3 [] Age in years:

Only numbers may be entered in this field.

Please write your answer here:

Enter a whole number, must be at least 16.

4 []HIV exposure:

Please choose **only one** of the following:

- MSM
- Heterosexual
- Injecting drug use (IDU)
- Other
- Not known

5 []Country of birth:

Please write your answer here:

6 []Ethnicity:

Please choose **only one** of the following:

- A White British
- B White Irish
- C Any other White background
- D White and Black Caribbean
- E White and Black African
- F White and Asian
- G Any other mixed background
- H Indian
- J Pakistani
- K Bangladeshi
- L Any other Asian background
- M Black or Black British Caribbean
- N Black or Black British African
- P Any other Black background
- R Chinese
- S Any other ethnic group
- Z Not stated

Letters shown are standard ONS/NHS codes.

Assessment

7 []Has anything been *recorded* about the patient's psychological well-being/mental health, within the past 18 months?

Please choose **only one** of the following:

- Yes - specifically about psychological well-being or mental health
- Something is recorded but it is unclear whether it refers to physical or to psychological well-being
- Nothing relevant is recorded
- Not sure

8 []Is there a record that the patient has been *asked* about his/her psychological well-being within the past 18 months?

Please choose **only one** of the following:

- Yes
- No
- Not sure

9 []Did this include use of any formal tool or questionnaire for assessment of psychological status?

Only answer this question if the following conditions are met:

Answer was 'Yes' at question '8 [psyAsked]' (Is there a record that the patient has been asked about his/her psychological well-being within the past 18 months?)

Please choose **only one** of the following:

- Yes
- No
- Not sure

This means a tool used within the HIV service for routine screening. If the individual was referred for further assessment or diagnosis involving other tools, please do not include these.

10 []Which one?

Only answer this question if the following conditions are met:

Answer was 'Yes' at question '9 [PsyTool]' (Did this include use of any formal tool or questionnaire for assessment of psychological status?)

Please choose **only one** of the following:

- CES-D (Center for Epidemiologic Studies – Depression Scale)
- GAD2 (Generalised Anxiety Disorder Questionnaire)
- GAD7
- HADS (Hospital Anxiety and Depression Scale)
- PHQ2 (Patient Health Questionnaire)
- PHQ4
- PHQ9
- WHO-5 (Well-being Index)
- Other

11 []Which of the following best describes the patient's psychological state when a record was last made/when the patient was last asked?

Only answer this question if the following conditions are met:

((**PsyRecorded.NAOK** == "Y") or (**psyAsked.NAOK** == "Y"))

Please choose **only one** of the following:

- Coping well with no psychological support need
- Some need for information and support for self-management
- Significant level of distress and/or need for specific psychological support
- Likely to have a diagnosable psychiatric illness
- Not sure

12 []What interventions were offered?

Only answer this question if the following conditions are met:

Answer was 'Likely to have a diagnosable psychiatric illness' or 'Significant level of distress and/or need for specific psychological support' or 'Some need for information and support for self-management' at question '11 [psyStatus]' (Which of the following best describes the patient's psychological state when a record was last made/when the patient was last asked?)

Please choose **all** that apply:

- Support within specialist HIV service
- Advice/referral to voluntary or community support organisation
- Referral direct to mental health service
- Referral to GP to provide or arrange support
- Already receiving appropriate support

13 []Did this specifically include peer support?

Only answer this question if the following conditions are met:

((psyInterventions_HIVserv.NAOK == "Y") or (psyInterventions_Receiving.NAOK == "Y") or (psyInterventions_Volsec.NAOK == "Y"))

Please choose **only one** of the following:

- Yes
- No
- Not sure

14 []Is there a record that the patient has been asked about alcohol use within the past 18 months?

Please choose **only one** of the following:

- Yes
- No
- Not sure

15 []Did this include use of any formal tool or questionnaire for assessment of alcohol use?

Only answer this question if the following conditions are met:

Answer was 'Yes' at question '14 [alcAsked]' (Is there a record that the patient has been asked about alcohol use within the past 18 months?)

Please choose **only one** of the following:

- Yes
- No
- Not sure

16 []Which one?

Only answer this question if the following conditions are met:

Answer was 'Yes' at question '15 [alcTool]' (Did this include use of any formal tool or questionnaire for assessment of alcohol use?)

Please choose **only one** of the following:

- AUDIT (Alcohol Use Disorders Identification Test)
- CAGE (Concern/Cut-down, Anger, Guilt, Eye-opener)
- CRAFFT (Car, Relax, Alone, Forget, Friends, Trouble)
- FAST (Fast Alcohol Screening Tool)
- PAT (Paddington Alcohol Test)
- Other

17 [] Was the patient's alcohol intake deemed problematic by either the patient or clinician?

Only answer this question if the following conditions are met:

Answer was 'Yes' at question '14 [alcAsked]' (Is there a record that the patient has been asked about alcohol use within the past 18 months?)

Please choose **only one** of the following:

- Yes - by clinician
- Yes - by patient
- Yes - by both
- No
- Not sure

18 [] Was support offered?

Only answer this question if the following conditions are met:

Answer was 'Yes - by both' or 'Yes - by patient' or 'Yes - by clinician' at question '17 [AlcProb]' (Was the patient's alcohol intake deemed problematic by either the patient or clinician?)

Please choose **only one** of the following:

- Yes
- No
- Already receiving
- Not sure

19 [] Is there a record that the patient has been asked about recreational drug use within the past 18 months?

Please choose **only one** of the following:

- Yes
- No
- Not sure

20 [] Is there a record that the patient has been asked specifically about chemsex within the past 18 months?

Please choose **only one** of the following:

- Yes
- No
- Not sure

"Chemsex" describes sex that occurs under the influence of drugs, which are taken immediately preceding and/or during a sexual session. The drugs most commonly associated with chemsex are crystal methamphetamine, GHB/GBL, mephedrone and, to a lesser extent, cocaine and ketamine.

21 [] Did the patient use or inject any recreational drugs during the six months up to when s/he was last asked about drug use:

Only answer this question if the following conditions are met:

((RecAsked.NAOK == "Y") or (ChemAsked.NAOK == "Y"))

Please choose the appropriate response for each item:

	Injected	Used but did not inject	Did not use	Not documented
Recreational drugs other than in the context of chemsex:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Chemsex drugs:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

22 [] Was the patient's drug use deemed problematic by either the patient or clinician?

Only answer this question if the following conditions are met:

((DrugUse_Chems.NAOK == "Injec" or DrugUse_Chems.NAOK == "Used") or (DrugUse_Rec.NAOK == "Injec" or DrugUse_Rec.NAOK == "Used"))

Please choose **only one** of the following:

- Yes - by clinician
- Yes - by patient
- Yes - by both
- No
- Not sure

23 [] Was support offered?

Only answer this question if the following conditions are met:

Answer was 'Yes - by both' or 'Yes - by patient' or 'Yes - by clinician' at question '22 [DrugProb]' (Was the patient's drug use deemed problematic by either the patient or clinician?)

Please choose **only one** of the following:

- Yes
- No
- Already receiving
- Not sure

24 []Please tick all drugs used during the six months up to when the patient was last asked about drug use:

Only answer this question if the following conditions are met:

((DrugUse_Chems.NAOK == "Injec" or DrugUse_Chems.NAOK == "Used") or (DrugUse_Rec.NAOK == "Injec" or DrugUse_Rec.NAOK == "Used"))

Please choose **all** that apply:

- Ketamine/amphetamines
- Cocaine
- Ecstasy
- Cannabis

- Opiates
- Inhalants
- Legal highs
- Steroids

- Chems
- Methadone or other prescribed substitutes

25 []Please click on "Submit" to record the data for this patient. After doing so you will be able save the completed form for your own records before following other options, including entering data for another patient.

Submit your survey.
Thank you for completing this survey.